

# The Cougar

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Page 1



Kearsarge boys lacrosse coach Herb Hatch has built one of the more successful programs in Division III winning a state title in 2006.

JEFF MILLER Photo

## Lacrosse is easily misunderstood

*The sport is thriving at Kearsarge and around the Granite State*

Lacrosse is one of the fastest growing sports in high school athletics.

Growth has been at a steady pace upwards in New Hampshire over the past 15 years and now there are three divisions for girls and three for boys.

The name lacrosse is the only real common element between the game played



**Jeff Miller**

cases rib pads.

by the girls and the version played by the boys.

The boys game is a contact sport with players wearing helmets, arm pads and in most

The game is played in four quarters and very much resembles hockey in the air. Strategy used can also resemble an offensive team attacking a zone defensive setup in basketball.

Play can be very rough and penalties are called frequently with players having

**SEE LACROSSE PAGE 4**

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# Class I All-State Basketball

## Class I Boys

*Coach of the Year: Todd Kress - Pelham*

*Player of the Year: Justin Hojlo - Pelham*

### First Team

- Sr Justin Hojlo - Pelham
- Sr Brady O'Neil - Laconia
- Sr John Mulvey - Portsmouth
- Sr Nicco DeMasco - Monadnock
- Sr Jon Grenier - Pembroke
- Sr Jasmine Handanovic - Milford

### Second Team

- Sr Tony Brownell - Oyster River
- Sr Cole Etten - Hollis-Brookline
- Sr Ian White - Kennett
- So Sam Carney - Hanover
- Sr Stephen Moore - Coe Brown

### Sr Sam Young - Kearsarge

### Honorable Mention

- Jr Sheldon Benson - Pembroke
- Sr Kevin Grenier - Coe Brown
- Jr Kevin Cressey - Merrimack Valley
- Sr Kevin LeBlond - John Stark
- Sr Christian Birt - Laconia
- So Stephen Spirou - Pelham
- Sr Zach Benuck - Oyster River
- Sr David Baxter - St Thomas
- Sr Brandon Kuhre - Lebanon
- Jr Tyler Penney - Bishop Brady

## Class I Girls

*Coach of the Year: Dave Nichols - Oyster River*

*Player of the Year: Jilliane Friel - Oyster River*

### First Team

- Sr Jilliane Friel - Oyster River
- Sr Alex Hall - Pembroke
- Sr Veronica Noble - Coe Brown
- Sr Abby Bergeron - Lebanon
- Sr Liz Belbruno - Hanover
- So Danielle Walczak - Oyster River

### Second Team

- Jr Rosa Drummond - Portsmouth
- Sr Courtney Ness - Hanover
- So Allie Wagner - Kennett
- Sr Courtney Tobey - St Thomas
- So Katie Cullerot - John Stark
- Fr Kat Fogarty - Con-Val

### Honorable Mention

- Sr Kathryn Eagan - Souhegan
- So Melissa Frase - Kennett
- Sr Krystin Corliss - Merrimack Valley
- Sr Briana Szidat - Pelham
- Sr Hilary Lynd - Lebanon
- Jr Summer Brooks - Coe Brown
- Sr Kyanne Sager - Kearsarge**
- Sr Melanie Forte - Milford
- Jr Anna Prohl - Kearsarge**
- Sr Sarah Edwards - Laconia
- Jr Kelly Morgan - Hollis-Brookline

## Class I Academic Honor Roll

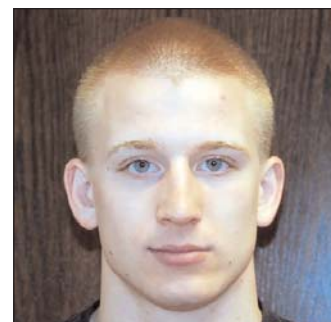
### Kearsarge

Karina Arnold, Alexa Gaines, Chelsey Laughinghouse, Nichole Page, Anna Prohl.

## Athletes of the Week



**Anna Prohl**  
Girls Basketball



**Cody Anderson**  
Football

## *Kearsarge Winter Season - A look back*



Left, Anna Prohl looks to make a pass during a home game. Bottom left, Doug Gregory shoots a free throw. Bottom right, Alexa Gaines takes the ball into the paint.

MARTY MCAULIFF Photos



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**LACROSSE FROM PAGE 1**

to serve time in a penalty area off the field from 30 seconds to three minutes.

Speed, physicality, aggressiveness and patience are all ingredients in winning boys lacrosse teams.

Division III has crowned a champion for the past seven seasons. Kearsarge has appeared in four of those title tilts winning its only title in 2006.

Coach Herb Hatch has built one of the better programs in Division III and the Cougars are always mentioned as one of the teams to beat every season. Last year Kearsarge was knocked off in the quarterfinals and several players are back from that squad and the Cougars should be in the mix to make a trip to Nashua's Stellos Stadium and the semifinals.

Hatch knows you can't build a program all alone. His high school team has benefitted from one of the better feeder programs in New Hampshire. The youth lacrosse program in the Kearsarge district is one of the state's best and has been for a long time. Gentlemen such as Bub Morgan and Mike Heffernan have been instrumental in leading the huge popularity in the sport in our area. Heffernan is now Hatch's top assistant with the boys team.

Girls lacrosse is a non-contact sport which is played in halves and very much resembles field hockey in the air. It is more of a finesse sport where quick feet and quick decisions can make the difference between winning and losing.

The Kearsarge girls program has been a consistent tournament performer, but success in the playoffs hasn't happened.

The Cougars have had several very good individual performers, but for one reason or another have never been able to put it all together at the end of the season.

Kearsarge will get a new coach this season as Scott Slogic will take over the varsity program. He has had great success coaching the Cougars at the junior varsity level and at the youth level. There are high expectations for the Cougars and maybe this is the year they make a splash in the playoffs.

Boys and girls lacrosse are two vastly different games with rules which are generally confusing to anyone but the most die-hard fans.

I once had a lacrosse official who suggested I should start officiating lacrosse games because it was easy money. He said, "I don't even always know all the rules myself. I just blow the whistle, make a call and then put the ball in play. The fans don't have time to holler anything because most of them don't know the rules anyways."

Certainly this was the wrong way of thinking for an official, but probably not far from the truth. It is bound to change as more and more kids are playing soccer at earlier and earlier ages.

More and more kids and parents are embracing the sport of lacrosse and with that the knowledge and rules of the sport are increasing at nearly the same rate.

***Jeff Miller is the editor of the Lake Sunapee Champion and can be reached at [sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com) or 558-0819.***

***Send story ideas and tips to  
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# NHIAA SPRING STANDINGS

### CLASS I BASEBALL

SCHOOL	W	L
Pembroke	0	0
Pelham	0	0
Oyster River	0	0
Laconia	0	0
Monadnock	0	0
Lebanon	0	0
Portsmouth	0	0
Milford	0	0
Hollis/Brookline	0	0
Hanover	0	0
Coe-Brown	0	0
Kennett	0	0
Plymouth	0	0
John Stark	0	0
Merrimack Valley	0	0
Souhegan	0	0
<b>Kearsarge</b>	<b>0</b>	<b>0</b>
Kingswood	0	0
St. Thomas	0	0
Bishop Brady	0	0
Bow	0	0
Bedford	0	0
Con-Val	0	0

### CLASS I SOFTBALL

SCHOOL	W	L
Lebanon	0	0
Oyster River	0	0
Hanover	0	0
Kennett	0	0
Souhegan	0	0
Coe-Brown	0	0
Portsmouth	0	0
John Stark	0	0
Bow	0	0
Con-Val	0	0
<b>Kearsarge</b>	<b>0</b>	<b>0</b>
St. Thomas	0	0
Laconia	0	0
Hollis/Brookline	0	0
Merrimack Valley	0	0

Milford	0	0
Plymouth	0	0
Bedford	0	0
Pembroke	0	0
Pelham	0	0
Bishop Brady	0	0
Kingswood	0	0
Monadnock	0	0

### DIVISION III BOYS LACROSSE

SCHOOL	W	L
Pembroke	0	0
Hollis/Brookline	0	0
Kingswood	0	0
John Stark	0	0
Merrimack Valley	0	0
Milford	0	0
Laconia	0	0
Plymouth	0	0
Monadnock	0	0
Lebanon	0	0
Pelham	0	0
Stevens	0	0
<b>Kearsarge</b>	<b>0</b>	<b>0</b>
Gilford	0	0
Trinity	0	0
Hopkinton	0	0
Derryfield	0	0

### DIVISION III GIRLS LACROSSE

SCHOOL	W	L
Pembroke	0	0
Hollis/Brookline	0	0
Kingswood	0	0
John Stark	0	0
Merrimack Valley	0	0
Laconia	0	0
Plymouth	0	0
Oyster River	0	0
Pelham	0	0
Kearsarge	0	0
Somersworth	0	0
Hopkinton	0	0
Derryfield	0	0



# NHIAA Spring Tournament Dates

## BASEBALL

### Class I

Preliminaries - June 4 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Franklin Pierce University,  
 4 & 7 p.m.  
 Finals - June 13 @ Merchantsauto.com Stadium, 4 p.m.

### Class M

Preliminaries - June 4 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Memorial Field,  
 Concord, 4 & 7 p.m.  
 Finals - June 13 @ Merchantsauto.com Stadium, 1 p.m.

### Class S

Preliminaries - June 4 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Plymouth State &  
 Plymouth High, 4 p.m.  
 Finals - June 13 @ Merchantsauto.com Stadium, 10 a.m.

## SOFTBALL

### Class I

Preliminaries - June 3 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 7 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Memorial Field,  
 Concord, 5 & 7 p.m.  
 Finals - June 13 @ Memorial Field, Concord, 2:30 p.m.

### Class M

Preliminaries - June 3 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.  
 Finals - June 13 @ Plymouth State University, 5 p.m.

### Class S

Preliminaries - June 3 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.  
 Finals - June 13 @ Plymouth State University, 2:30 p.m.

## LACROSSE

### Boys

### Division III

Preliminaries - June 1 @ home of higher seed, 5 p.m.  
 Quarterfinals - June 3 @ home of higher seed, 5 p.m.  
 Semifinals - June 6 @ Stellos Stadium, Nashua, 5 & 7 p.m.

Finals - June 9 @ Stellos Stadium, Nashua, 7 p.m.

### Girls

### Division III

Quarterfinals - June 4 @ home of higher seed, 5 p.m.  
 Semifinals - June 7 @ Southern N.H., 1 & 3 p.m.  
 Finals - June 10 @ Southern N.H. University, 7 p.m.

## TRACK

Class I Meet - May 30 @ Coe-Brown Academy, 10 a.m.  
 Class M-S Meet - May 30 @ Winnisquam, 10 a.m.  
 Meet of Champions - June 6 @ UNH, 2:30 p.m.  
 New England's - June 13 @ Burlington (Vt.) High School,  
 10 a.m.

## TENNIS

### Individual

### Singles opening round

Boys - June 6 @ Memorial Field, Concord, 9 a.m.  
 Girls - June 6 @ Derryfield School & SNHU, 9 a.m.

### Doubles opening round

Boys - June 7 @ Memorial Field, Concord, 9 a.m.  
 Girls - June 7 @ Derryfield School & SNHU, 9 a.m.  
 Singles Semifinal & Final - June 9 @ Derryfield, 4 p.m.  
 Doubles Semifinal & Final - June 11 @ Derryfield, 4 p.m.

### Team

### Girls

### Class I

Quarterfinals - May 27 @ home of higher seed, 4 p.m.  
 Semifinals - May 29 @ home of higher seed, 4 p.m.  
 Finals - June 1 @ Memorial Field, Concord, 4 p.m.

### Class M-S

Semifinals - May 27 @ home of higher seed, 4 p.m.  
 Finals - May 30 @ Plymouth State, 11 a.m.

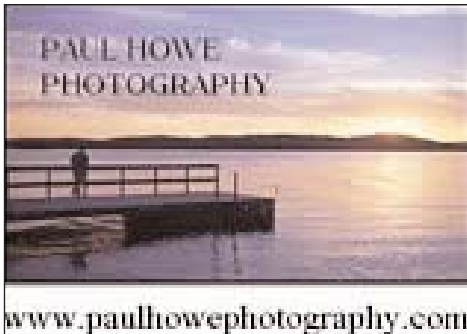
### Boys

### Class I

Quarterfinals - May 28 @ home of higher seed, 4 p.m.  
 Semifinals - May 30 @ home of higher seed, 11 a.m.  
 Finals - June 2 @ Memorial Field, Concord, 4 p.m.

### Class M-S

Semifinals - May 28 @ home of higher seed, 4 p.m.  
 Finals - May 30 @ Plymouth State, 2 p.m.



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