

The Laker

Volume 1, Issue 29

Thursday, March 26, 2009

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Cruz is new softball coach

Sunapee Elementary School physical education teacher takes over for Meagan Reed

By **JEFF MILLER**

Lake Sunapee Champion Sports

SUNAPEE - Bonnie Cruz has been waiting patiently for her opportunity.

Sunapee's elementary school physical education teacher is the new varsity softball coach for the Lakers.

"I'm very excited," Cruz said. "I'm taking on the varsity position moving up from the middle school."

Cruz has been Sunapee's middle school softball coach for 12 seasons.

"It's definitely different at the varsity level," Cruz said. "You have to earn your spot and you're trying to win games."

Cruz takes over for long-time softball coach and Sunapee Middle High School teacher Meagan Reed, who stepped down to spend more time with her family.

"Meagan has built a very strong foundation," Cruz said. "Her softball squad has become a model Sunapee team which focuses on teamwork. It's exciting to think I can build on it."

Cruz is impressed with the program Reed has left behind.

"Her teams were always strong in fundamentals," Cruz said. "She focused a lot on attitudes as well as skills."

Cruz grew up in Randolph, Vt., and played three sports for the Randolph



Bonnie Cruz

Union High School Ghosts. She played soccer and basketball and was on state championship softball teams her junior and senior years.

"Softball is fun and it's supposed to be," Cruz said. "I've always loved to compete and I've always loved softball."

After graduating from Springfield College she taught at Montpelier for two years and was the junior varsity softball coach. She's been in her present position at Sunapee since 1996.

Cruz wants her new players to know she

expects them to work hard.

"If we all have the common goal, we can take softball as far as we want it, I really believe that," Cruz said. "Practices will be hard so they can go out and just play the game. The goal is to make the players the best they possibly can be."

Sunapee's new coach is also sold on doing the little things that win games.

"We're going to play small ball," Cruz said. "We'll bunt, steal bases, whatever we need to do to score runs. We need to develop the short game and get the ball into play."

Her expectations are high for the upcoming season.

"I want the girls to work hard, have a good attitude and really want to be at softball practice and games," Cruz said. "If the girls do that, they can go far."

Coach Cruz doesn't know a lot about the teams in Class S but does know Moultonborough and Wilton-Lyndeborough are two of the stronger programs. Legendary coach Harry Blood has returned to lead the Moultonborough program.

"Harry Blood is a great coach," Cruz said. "We just had him here for a pitching clinic, which is really good for our pitchers."

The Lakers will open with three straight

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Class S All-State Basketball

Class S Boys

Coach of the Year: Buddy Trask - Colebrook

Player of the Year: Jordan Wheelock - Groveton

First Team

Sr Jordan Wheelock - Groveton

Sr Curtis Williams - Newmarket

Sr Eric Jensen - Gorham

Sr Matt Cloutier - Nute

Sr Kevin Eisenberg - Moultonborough

Jr Dalton Scott - Colebrook

Second Team

Sr Drew Forsberg - Moultonborough

Jr Chad Fennessey - Pittsfield

Sr Dusan Trkujla - Littleton

Sr Stephan LaCasse - Nute

Sr Pat Wagner - Groveton

Sr Matt McCormick - Derryfield

Honorable Mention

Sr Zach Rolke - Wilton

Sr Dean Gioldassis - Sunapee

Jr Marcus Chase - Pittsburg

Jr Zach Bushway - Profile

Sr Mike Fritz - Newmarket

So David Green - Portsmouth Christian

Sr Kyle Fifield - Lisbon

Sr Jeff Richer - Colebrook

Jr Hunter Judd - Pittsburg

Sr Alex Elder Sunapee

Sr Eric Moriarity - Moultonborough

Class S Girls

Coach of the Year: Bill Keith - Woodsville

Player of the Year: Stephanie Larpenter - Sunapee

First Team

Sr Stephanie Larpenter - Sunapee

Jr Emily Pelletier - Groveton

Sr MacKenzie Brooks - Colebrook

Sr Jenn White - Lisbon

Sr Abby Fadden - Woodsville

Sr Kristine Brammer - Littleton

Second Team

Sr Kayla Matuszewski - Hinsdale

Jr Kamryn Thorpe - Portsmouth Christian

So Kelley Collins - Groveton

Jr Becca Jones - Newmarket

Jr Andrea Green - Derryfield

Jr Ari Kinder - Woodsville

Honorable Mention

Jr Hillary Oelson - Gorham

Jr Marika Thompson - Wilton-Lyndeborough

Sr Mercy Valdez - Pittsfield

So Kristen Call - Colebrook

Sr Jasmine Gustaveson - Littleton

Fr Bethany Kalliel - Derryfield

Jr Caitlin Hubbard - Lisbon

Sr Arielle Myers - Lisbon

Jr Megan Cahill - Sunapee

Sr Breally Bunch - Gorham

Sr Dana Lyons - Colebrook

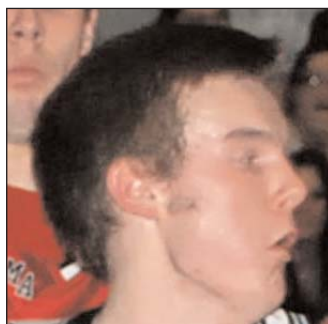
Sr Camille Smith - Derryfield

Class S Academic Honor Roll

Sunapee

Steven Curt, Leo Kontoes, Eric Nelson

Athletes of the Week



Alex Elder
Boys Basketball



Megan Cahill
Girls Basketball

Sunapee softball practice



PAUL HOWE Photos

Sunapee opened softball practice this week. Above, Martha Howe shows her motion. Right, Conor Denney and Hope Aguilera windup in unison during practice.

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NHIAA Class S Spring Standings

BASEBALL			SOFTBALL		
SCHOOL	W	L	SCHOOL	W	L
Moultonborough	0	0	Sunapee	0	0
Newmarket	0	0	Colebrook	0	0
Groveton	0	0	Portsmouth Christian	0	0
Colebrook	0	0	Lisbon	0	0
Sunapee	0	0	Derryfield	0	0
Wilton-Lyndeborough	0	0	Woodsville	0	0
Nute	0	0	Groveton	0	0
Derryfield	0	0	Wilton-Lyndeborough	0	0
Pittsfield	0	0	Littleton	0	0
Pittsburg	0	0	Newmarket	0	0
Lisbon	0	0	Gorham	0	0
Littleton	0	0	Hinsdale	0	0
Gorham	0	0	Pittsfield	0	0
Woodsville	0	0	Moultonborough	0	0
Portsmouth Christian	0	0	Pittsburg	0	0
Lin-Wood	0	0	Stratford	0	0
Nashua Christian	0	0	Profile	0	0
Profile	0	0	Nute	0	0
Hinsdale	0	0	Mount Zion	0	0
Mount Zion	0	0	Lin-Wood	0	0
Calvary Christian	0	0	Calvary Christian	0	0
Stratford	0	0			
Concord Christian	0	0			



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Go Lakers!



PAUL HOWE Photo

Allison Fazio works on her pitching during Sunapee softball practice this past week. Fazio was one of several hurlers working out for new varsity softball coach Bonnie Cruz. The Lakers open the season at home against Derryfield April 13.

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home games beginning with Derryfield School April 13, Calvary Christian April 15 and Wilton-Lyndeborough April 17. All three games start at 4 p.m.

“We play a lot of strong teams,” Cruz said. “As the season goes along I’m sure I’ll be better able to figure out how to better prepare the girls for the games.”

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NHIAA Spring Tournament Dates

BASEBALL Class I

Preliminaries - June 4 @ home of higher seed, 4 p.m.
Quarterfinals - June 6 @ home of higher seed, 4 p.m.
Semifinals - June 10 @ Franklin Pierce University,
4 & 7 p.m.
Finals - June 13 @ Merchantsauto.com Stadium, 4 p.m.

Class M

Preliminaries - June 4 @ home of higher seed, 4 p.m.
Quarterfinals - June 6 @ home of higher seed, 4 p.m.
Semifinals - June 10 @ Memorial Field,
Concord, 4 & 7 p.m.
Finals - June 13 @ Merchantsauto.com Stadium, 1 p.m.

Class S

Preliminaries - June 4 @ home of higher seed, 4 p.m.
Quarterfinals - June 6 @ home of higher seed, 4 p.m.
Semifinals - June 10 @ Plymouth State &
Plymouth High, 4 p.m.
Finals - June 13 @ Merchantsauto.com Stadium, 10 a.m.

SOFTBALL Class I

Preliminaries - June 3 @ home of higher seed, 4 p.m.
Quarterfinals - June 7 @ home of higher seed, 4 p.m.
Semifinals - June 10 @ Memorial Field,
Concord, 5 & 7 p.m.
Finals - June 13 @ Memorial Field, Concord, 2:30 p.m.

Class M

Preliminaries - June 3 @ home of higher seed, 4 p.m.
Quarterfinals - June 6 @ home of higher seed, 4 p.m.
Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.
Finals - June 13 @ Plymouth State University, 5 p.m.

Class S

Preliminaries - June 3 @ home of higher seed, 4 p.m.
Quarterfinals - June 6 @ home of higher seed, 4 p.m.
Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.
Finals - June 13 @ Plymouth State University, 2:30 p.m.

LACROSSE Boys Division III

Preliminaries - June 1 @ home of higher seed, 5 p.m.
Quarterfinals - June 3 @ home of higher seed, 5 p.m.

Semifinals - June 6 @ Stellos Stadium, Nashua, 5 & 7 p.m.
Finals - June 9 @ Stellos Stadium, Nashua, 7 p.m.

Girls Division III

Quarterfinals - June 4 @ home of higher seed, 5 p.m.
Semifinals - June 7 @ Southern N.H., 1 & 3 p.m.
Finals - June 10 @ Southern N.H. University, 7 p.m.

TRACK

Class I Meet - May 30 @ Coe-Brown Academy, 10 a.m.
Class M-S Meet - May 30 @ Winnisquam, 10 a.m.
Meet of Champions - June 6 @ UNH, 2:30 p.m.
New England's - June 13 @ Burlington (Vt.) High School,
10 a.m.

TENNIS Individual

Singles opening round

Boys - June 6 @ Memorial Field, Concord, 9 a.m.
Girls - June 6 @ Derryfield School & SNHU, 9 a.m.

Doubles opening round

Boys - June 7 @ Memorial Field, Concord, 9 a.m.
Girls - June 7 @ Derryfield School & SNHU, 9 a.m.
Singles Semifinal & Final - June 9 @ Derryfield, 4 p.m.
Doubles Semifinal & Final - June 11 @ Derryfield, 4 p.m.

Team Girls Class I

Quarterfinals - May 27 @ home of higher seed, 4 p.m.
Semifinals - May 29 @ home of higher seed, 4 p.m.
Finals - June 1 @ Memorial Field, Concord, 4 p.m.

Class M-S

Semifinals - May 27 @ home of higher seed, 4 p.m.
Finals - May 30 @ Plymouth State, 11 a.m.

Boys Class I

Quarterfinals - May 28 @ home of higher seed, 4 p.m.
Semifinals - May 30 @ home of higher seed, 11 a.m.
Finals - June 2 @ Memorial Field, Concord, 4 p.m.

Class M-S

Semifinals - May 28 @ home of higher seed, 4 p.m.
Finals - May 30 @ Plymouth State, 2 p.m.





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