

# The Cougar

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Kearsarge's D.J. Hodgdon will need to be sharp on the mound this season for the Cougars to have success in Class I.

JEFF MILLER Photo

## Team effort needed from Cougars

*Kearsarge baseball team expects to be competitive in a very tough Class I*

By **JEFF MILLER**  
Lake Sunapee Champion Sports

**NORTH SUTTON** - The Kearsarge Cougars might be able to sneak up on a few teams this year.

That clearly wasn't the case last year as the Cougars sported an experienced team with a trio of the top players in Class I. Those three, five seniors overall,

are gone and this year's team won't be able to overpower teams on the mound and at the plate. Last year's team finished 17-4 and made it to the Class I semifinals for the second time in a row and only the second time in school history.

Gone from last year are all-stars Bobby Williams, Kyle O'Brien and Matthias Nevins. Scott Hafner and Alex

Barton also were significant seniors last year with loads of experience.

This year's team won't have the star-power of last year's squad, but still has several carryovers who have done a lot of winning.

"We've had a couple of very successful years," Kearsarge baseball coach Rob Bennett said. "We'll need contributions

**SEE TEAM PAGE 4**

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# Kearsarge Spring Varsity Schedules

## Baseball

*Coach: Rob Bennett*

April 15 @ M-V, 4:15 p.m.  
 April 17 Bishop Brady, 4:15 p.m.  
 April 23 Bow, 4 p.m.  
 April 24 Pelham, 4:15 p.m.  
 April 27 Coe-Brown, 4:15 p.m.  
 April 29 @ Pembroke, 4:15 p.m.  
 May 2 Hanover, 11 a.m.  
 May 4 @ Kennett, 4:15 p.m.  
 May 6 Plymouth, 4:30 p.m.  
 May 8 @ Lebanon, 4:15 p.m.  
 May 11 Kingswood, 4 p.m.  
 May 15 John Stark, 4:15 p.m.  
 May 18 M-V, 4:15 p.m.  
 May 20 Pembroke, 4:15 p.m.  
 May 22 @ Bow, 4:15 p.m.  
 May 27 @ Bishop Brady, 4:15 p.m.

## Softball

*Coach: Dave Kasregis*

April 15 @ M-V, 4:15 p.m.  
 April 17 Bishop Brady, 4:15 p.m.  
 April 23 Bow, 4 p.m.  
 April 24 Pelham, 4:15 p.m.

April 27 Coe-Brown, 4:15 p.m.  
 April 29 @ Pembroke, 4:15 p.m.  
 May 2 Hanover, 11 a.m.  
 May 4 @ Kennett, 4:15 p.m.  
 May 6 Plymouth, 4:30 p.m.  
 May 8 @ Lebanon, 4:15 p.m.  
 May 11 Kingswood, 4 p.m.  
 May 15 John Stark, 4:15 p.m.  
 May 18 M-V, 4:15 p.m.  
 May 20 Pembroke, 4:15 p.m.  
 May 22 @ Bow, 4:15 p.m.  
 May 27 @ Bishop Brady, 4:15 p.m.

## Track

*Coach: Ed Rehor*

April 14 @ Fall Mountain, 4 p.m.  
 April 16 Newport, 4 p.m.  
 April 28 2 Stevens, 4 p.m.  
 April 30 Souhegan, 4 p.m.  
 May 5 Stevens, 4 p.m.  
 May 8 @ Fall Mountain, 4 p.m.  
 May 12 CVC Qualifier (Hanover), 3 p.m.  
 May 16 CVC Finals (Fall Mt.), 9 a.m.  
 May 20 @ Lebanon, 3:30 p.m.  
 May 21 Stevens, 4 p.m.

## Athletes of the Week



**Chelsey Laughinghouse**  
Kearsarge Athletics



**Karina Arnold**  
Kearsarge Athletics

# Kearsarge Spring Varsity Schedules

## Boys Tennis

*Coach: Pete Bianchi*

April 13 Lebanon, 4:15 p.m.  
 April 17 Monadnock, 4:15 p.m.  
 April 20 @ Con-Val, 4:15 p.m.  
 April 22 @ Kingswood, 4:15 p.m.  
 April 24 Pembroke, 4:15 p.m.  
 April 27 @ Bow, 4:15 p.m.  
 April 28 Stevens, 4 p.m.  
 May 1 @ Hanover, 4:30 p.m.  
 May 4 Plymouth, 4:30 p.m.  
 May 6 @ Lebanon, 4:15 p.m.  
 May 12 @ Stevens, 4 p.m.  
 May 20 Hanover, 4:30 p.m.

## Girls Tennis

*Coach: Daniella Mellen*

April 13 @ Lebanon, 4:15 p.m.  
 April 17 @ Monadnock, 4:15 p.m.  
 April 20 Con-Val, 4:15 p.m.  
 April 22 Kingswood, 4:15 p.m.  
 April 24 @ Pembroke, 4:15 p.m.  
 April 27 Bow, 4:15 p.m.  
 April 28 @ Stevens, 4 p.m.  
 April 30 Bishop Brady, 4:15 p.m.  
 May 1 Hanover, 4:30 p.m.  
 May 4 @ Plymouth, 4:30 p.m.  
 May 6 Lebanon, 4:15 p.m.  
 May 12 Stevens, 4 p.m.  
 May 14 @ Bishop Brady, 4:15 p.m.

## Boys Lacrosse

*Coach: Herb Hatch*

April 13 @ M-V, 4 p.m.  
 April 15 Trinity, 4 p.m.  
 April 17 @ Kingswood, 4 p.m.  
 April 29 Pelham, 4:15 p.m.  
 May 1 @ Lebanon, 4:30 p.m.  
 May 6 Somersworth, 6 p.m.  
 May 8 @ Gilford, 4 p.m.  
 May 11 Stevens, 6 p.m.  
 May 12 Milford, 4:30 p.m.  
 May 13 @ Pembroke, 4 p.m.  
 May 15 Plymouth, 6:30 p.m.  
 May 18 @ John Stark, 4 p.m.  
 May 22 Hollis/Brookline, 7 p.m.  
 May 27 @ Derryfield, 5:30 p.m.

## Girls Lacrosse

*Coach: Scott Slogic*

April 13 John Stark, 4 p.m.  
 April 15 @ Hollis/Brookline, 4:15 p.m.  
 May 2 Laconia, 2 p.m.  
 May 4 @ Pembroke, 4 p.m.  
 May 7 @ Pelham, 4:15 p.m.  
 May 9 @ Hopkinton, 10 a.m.  
 May 11 M-V, 6 p.m.  
 May 13 Plymouth, 6:30 p.m.  
 May 14 Oyster River, 4:15 p.m.  
 May 16 @ Kingswood, noon  
 May 18 Derryfield, 4 p.m.  
 May 21 @ John Stark, 4 p.m.  
 May 22 Pelham, 4:15 p.m.  
 May 26 Pembroke, 4 p.m.



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JEFF MILLER Photo

Brian Jensen had a big season on the mound for the Kearsarge Cougars in 2008. Jensen will be on the hill again this year.

#### TEAM FROM PAGE 1

from everyone on the team. We will need to be at the top of our game on a daily basis to be competitive.”

Bennett, entering his sixth season as coach of the Cougars, expects this year's Kearsarge edition to battle and be competitive.

“We will continue to set high standards for achievement,” Bennett said. “We will again look forward to competing with the best in Class I.”

This year's club has several players back from last season led by D.J. Hodgdon, Brian Jensen, Tyler Jensen, Jack Morgan, Tim Patten and Mike Smith.

“We have a very competitive schedule,” Bennett said. “We will be concentrating on improving the pitching staff and getting players settled into new positions.”

Several players have stepped up in the preseason to take over some of the open positions. Anthony Albano, Alex Craigie, Tim Arnold, Garrett Sanborn, Jake Davis, Connor Owen and Max Cooper have all been pleasant surprises for Coach Bennett and his experienced staff.

Bennett will be assisted by Alan Craigie and Ed Raymond, while Ernie Mills will serve as the junior varsity coach.

Bennett has had his Cougars busy in the preseason as

Kearsarge played at the Exeter Jamboree with Keene, Kingswood and Exeter, played Class M contender Mascenic and will play at a jamboree at Franklin Pierce University this weekend against Stevens, Hopkinton and Keene.

“It's great to get outside,” Bennett said. “We have worked hard on the pitching staff and on fundamentals. Being outside this early will give us a leg up on preparation and evaluating the players.”

Kearsarge opens at Merrimack Valley April 15 and then plays its first home game against Bishop Brady April 17. Both games start at 4:15 p.m.

A big early season game for the Cougars will be a home contest against Bow April 23 at 4 p.m. The Falcons upset the favored Cougars in last season's semifinals before losing to undefeated champion Portsmouth in the title game.

Bennett knows his team has a lot of work to do to get to the point of one of the teams in Class I that is going to be called a contender. If his team doesn't reach that point, it won't be because the Cougars have been out-worked.

“The work ethic has been good and the team chemistry seems to be solid,” Bennett said. “These kids exhibit a willingness to move into positions of need.”

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# NHIAA SPRING STANDINGS

## CLASS I BASEBALL

SCHOOL	W	L
Pembroke	0	0
Pelham	0	0
Oyster River	0	0
Laconia	0	0
Monadnock	0	0
Lebanon	0	0
Portsmouth	0	0
Milford	0	0
Hollis/Brookline	0	0
Hanover	0	0
Coe-Brown	0	0
Kennett	0	0
Plymouth	0	0
John Stark	0	0
Merrimack Valley	0	0
Souhegan	0	0
<b>Kearsarge</b>	<b>0</b>	<b>0</b>
Kingswood	0	0
St. Thomas	0	0
Bishop Brady	0	0
Bow	0	0
Bedford	0	0
Con-Val	0	0

## CLASS I SOFTBALL

SCHOOL	W	L
Lebanon	0	0
Oyster River	0	0
Hanover	0	0
Kennett	0	0
Souhegan	0	0
Coe-Brown	0	0
Portsmouth	0	0
John Stark	0	0
Bow	0	0
Con-Val	0	0
<b>Kearsarge</b>	<b>0</b>	<b>0</b>
St. Thomas	0	0
Laconia	0	0
Hollis/Brookline	0	0
Merrimack Valley	0	0

Milford	0	0
Plymouth	0	0
Bedford	0	0
Pembroke	0	0
Pelham	0	0
Bishop Brady	0	0
Kingswood	0	0
Monadnock	0	0

## DIVISION III BOYS LACROSSE

SCHOOL	W	L
Pembroke	0	0
Hollis/Brookline	0	0
Kingswood	0	0
John Stark	0	0
Merrimack Valley	0	0
Milford	0	0
Laconia	0	0
Plymouth	0	0
Monadnock	0	0
Lebanon	0	0
Pelham	0	0
Stevens	0	0
<b>Kearsarge</b>	<b>0</b>	<b>0</b>
Gilford	0	0
Trinity	0	0
Hopkinton	0	0
Derryfield	0	0

## DIVISION III GIRLS LACROSSE

SCHOOL	W	L
Pembroke	0	0
Hollis/Brookline	0	0
Kingswood	0	0
John Stark	0	0
Merrimack Valley	0	0
Laconia	0	0
Plymouth	0	0
Oyster River	0	0
Pelham	0	0
Kearsarge	0	0
Somersworth	0	0
Hopkinton	0	0
Derryfield	0	0



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## Outdoor Event Calendar

### *Saturday, April 11*

#### **Ammonoosuc Amble**

Bethlehem, NH 10:00AM Profile High School, 691 Profile Rd (5 mile run, 5 mile walk, FREE 1/2 mile kids fun run, Rolling and Scenic Course)

Contact: Lou Bregou (Ammonoosuc Amble), 25 Mount Eustis Rd, Littleton, NH, USA, 03561. 1-603-444-0066  
amble@flume.net

#### **Todds Trot 5K**

Durham, NH 10:00AM Oyster river High School, 55 Coe Drive (Todds Trot is a community based running event that is fun for all ages.)

Contact: Todd Allen (Friends of Oyster River Track), 105 Garrity Road, Lee, NH, USA, 03824. 1-603-868-5610  
toddkallen@comcast.net

### *Saturday, April 18*

#### **8th Annual Girls Inc. N. H. 5K Road Race**

Rochester, NH 9:00AM Rochester Community Center, 150 Wakefield Street (Fast and flat course with great fundraising incentives & prizes)

Contact: Christine Mathieu (Girls Incorporated of New Hampshire), 815 Elm Street, Suite 4a, Manchester, NH, USA, 03101. 1-603-625-1296  
cmathieu@girlsincnewhampshire.org

#### **Healthy Kids Day 5K,**

#### **Strong Kids Scholarship Race**

Portsmouth, NH 10:00AM Main Facility, Intersection of Peverly Hill and Banfield Rd, 550 Peverly Hill Rd (5K, Family Fun Activities, Pool Access, FREE Babysitting 9 - 11:30am for Racers)

Contact: Frank Nappo (Seacoast YMCA), 550 Peverly Hill Rd, Portsmouth, NH, USA, 03801. 1-603-431-2334  
fnappo@seacoastymca.org

#### **Otter Run 5K**

Nashua, NH 10:00AM Stellos Stadium, 7 Riverside Drive

(Fast, fun, & scenic course through beautiful Mine Falls Park)

Contact: Michael Amarello (Three C Race Productions LLC), 160 Amherst Road, Merrimack, NH, USA, 03054. 1-603-429-8879  
michael@3CRaceProductions.com

### *Sunday, April 19*

#### **LMS Raider Run 5k**

Litchfield, NH NOON Campbell High School, 1 Highlander Court (Is a flat course, Mini me race for 8 and under. Wellness Fair following race)

Contact: Teresa Tarr (Litchfield Middle School Cross Country), 19 McElwain Dr., Litchfield, NH, USA, 03052. 1-603-424-2133  
ttarr@litchfieldsd.org

#### **Spring Into Spring 5K**

Center Conway, NH NOON Pine Tree School, 183 Mill Street (ninth annual, flat and fast course, award certificates, 50/50 raffle, food)

Contact: Stephen Dowling (Pine Tree School), 183 Mill Street, Center Conway, NH, USA, 03813. 1-603-447-2882  
dowling@ncia.net

### *Friday, April 24*

#### **NHTI/Delta Dental in Concord 5K**

Concord, NH 6:00PM NHTI, 31 College Dr. (3rd race of C.A.R.S.)

Contact: Tom Walton (Northeast Delta Dental and NHTI), One Delta Drive, Concord, NH, USA, 03301. 1-603-223-1537  
twalton@nedelta.com

### *Saturday, April 25*

#### **2nd Annual Sunapee Health Pursuit 5K**

Sunapee, NH 8:00AM Sunapee Harbor, River Road (Fun Run)

Contact: Teresa A. Mastin (Sunapee Police Benevolent Association), P.O. Box 91, Sunapee, NH, USA, 03782. 1-603-763-5555  
Teresa.Mastin@sunapeepd.com

*Send story ideas and tips to  
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# N.H. Fish and Game News

## Bring the family to discover WILD N.H. Day

**CONCORD, N.H.** - Celebrate Earth Day by bringing the family to Discover WILD New Hampshire Day - Saturday, April 18, from 10 a.m. to 3 p.m. on the grounds of the New Hampshire Fish and Game Department on Hazen Drive in Concord. Admission is free.

This festival is fun for all ages - kids can try archery, cast with the "Let's Go Fishing" program or do wildlife craft projects. See retriever dogs in action, big trout and salmon in a real stocking truck, trained falcons and battling bull moose. Check out gas-saving hybrid vehicles and ideas for conserving energy and protecting our environment.

Throughout the day, enjoy ongoing exhibits, presentations, walks and demonstrations. Visit [www.WildNH.com](http://www.WildNH.com) for details.

Discover WILD New Hampshire Day is sponsored by the New Hampshire Fish and Game Department and the New Hampshire Department of Environmental Services (DES), with support from the Wildlife Heritage Foundation of New Hampshire.

At the event, more than 35 outdoor, wildlife, environmental and conservation groups from throughout the state will present exhibits and demonstrations exploring all that's WILD about New Hampshire, including the N.H. Sportsmen's Alliance Trailblazers, the

Loon Preservation Center, Trout Unlimited, Amoskeag Fishways, Appalachian Mountain Club, Squam Lakes Natural Science Center, the Little Nature Museum, the N.H. Wildlife Federation and N.H. Audubon. Meet Smokey Bear and learn about New Hampshire forests and lands. Find out how you can help protect the state's air and water quality by visiting DES exhibits on watersheds, wells, dams and household hazardous waste. Get an up-close look at alternative-fuel vehicles and take a free tour of the DES air quality monitoring station.

## Youth Turkey weekend

**CONCORD, N.H.** - New Hampshire's 2009 youth turkey hunt will take place Saturday and Sunday, April 25-26, the weekend before spring gobbler season gets underway on May 3.

This year marks the sixth annual youth turkey hunt weekend in New Hampshire. During the 2008 youth weekend, young hunters took an impressive 579 gobblers, or 14.1% of the total spring turkey harvest in the state.

To participate in the special weekend turkey hunt, youth hunters must be age 15 or younger and must be accompanied by a properly licensed adult age 18 or older. The adult may not carry a firearm or bow and arrow. Youth hunters do not need a hunting license, but they must have a valid turkey per-

mit (\$16 resident, \$31 nonresident). Accompanying adults must hold either a current N.H. hunting or archery license AND a turkey permit. Licenses and permits can be purchased at [www.HuntNH.com](http://www.HuntNH.com).

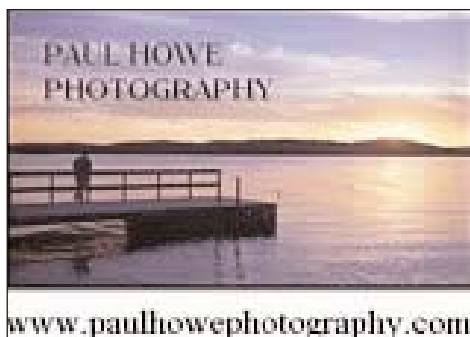
The special weekend provides youth and mentoring adults a quiet, noncompetitive time in the woods, where they can focus on safety, ethics, hunting methods and natural science.

In addition to their special weekend, youth can hunt during the regular spring gobbler season (May 3-31), when accompanied by a properly licensed adult age 18 or older (all youth require a valid turkey permit).

Enhance your knowledge of and appreciation for turkey ecology and turkey hunting by attending a wild turkey seminar at Owl Brook Hunter Education Center in Holderness on April 18, 2009. Pre-registration is required. To sign up for the workshop, call 603-536-3954.

Hunter education is not required for youth hunters under age 16. Youth are encouraged to complete the hunter education course between the age of 12 and their 16th birthday. A list of available hunter education courses is posted on the Fish and Game website at [www.huntnh.com/Hunting/hunter\\_ed\\_schedule.htm](http://www.huntnh.com/Hunting/hunter_ed_schedule.htm). Hunter education classes are made possible by the Federal Aid in Wildlife Restoration Program.

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# NHIAA Spring Tournament Dates

## BASEBALL

### Class I

Preliminaries - June 4 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Franklin Pierce University,  
 4 & 7 p.m.  
 Finals - June 13 @ Merchantsauto.com Stadium, 4 p.m.

### Class M

Preliminaries - June 4 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Memorial Field,  
 Concord, 4 & 7 p.m.  
 Finals - June 13 @ Merchantsauto.com Stadium, 1 p.m.

### Class S

Preliminaries - June 4 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Plymouth State &  
 Plymouth High, 4 p.m.  
 Finals - June 13 @ Merchantsauto.com Stadium, 10 a.m.

## SOFTBALL

### Class I

Preliminaries - June 3 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 7 @ home of higher seed, 4 p.m.  
 Semifinals - June 10 @ Memorial Field,  
 Concord, 5 & 7 p.m.  
 Finals - June 13 @ Memorial Field, Concord, 2:30 p.m.

### Class M

Preliminaries - June 3 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.  
 Finals - June 13 @ Plymouth State University, 5 p.m.

### Class S

Preliminaries - June 3 @ home of higher seed, 4 p.m.  
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.  
 Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.  
 Finals - June 13 @ Plymouth State University, 2:30 p.m.

## LACROSSE

### Boys

### Division III

Preliminaries - June 1 @ home of higher seed, 5 p.m.  
 Quarterfinals - June 3 @ home of higher seed, 5 p.m.  
 Semifinals - June 6 @ Stellos Stadium, Nashua, 5 & 7 p.m.

Finals - June 9 @ Stellos Stadium, Nashua, 7 p.m.

### Girls

### Division III

Quarterfinals - June 4 @ home of higher seed, 5 p.m.  
 Semifinals - June 7 @ Southern N.H., 1 & 3 p.m.  
 Finals - June 10 @ Southern N.H. University, 7 p.m.

## TRACK

Class I Meet - May 30 @ Coe-Brown Academy, 10 a.m.  
 Class M-S Meet - May 30 @ Winnisquam, 10 a.m.  
 Meet of Champions - June 6 @ UNH, 2:30 p.m.  
 New England's - June 13 @ Burlington (Vt.) High School,  
 10 a.m.

## TENNIS

### Individual

#### Singles opening round

Boys - June 6 @ Memorial Field, Concord, 9 a.m.  
 Girls - June 6 @ Derryfield School & SNHU, 9 a.m.

#### Doubles opening round

Boys - June 7 @ Memorial Field, Concord, 9 a.m.  
 Girls - June 7 @ Derryfield School & SNHU, 9 a.m.  
 Singles Semifinal & Final - June 9 @ Derryfield, 4 p.m.  
 Doubles Semifinal & Final - June 11 @ Derryfield, 4 p.m.

### Team

### Girls

### Class I

Quarterfinals - May 27 @ home of higher seed, 4 p.m.  
 Semifinals - May 29 @ home of higher seed, 4 p.m.  
 Finals - June 1 @ Memorial Field, Concord, 4 p.m.

### Class M-S

Semifinals - May 27 @ home of higher seed, 4 p.m.  
 Finals - May 30 @ Plymouth State, 11 a.m.

### Boys

### Class I

Quarterfinals - May 28 @ home of higher seed, 4 p.m.  
 Semifinals - May 30 @ home of higher seed, 11 a.m.  
 Finals - June 2 @ Memorial Field, Concord, 4 p.m.

### Class M-S

Semifinals - May 28 @ home of higher seed, 4 p.m.  
 Finals - May 30 @ Plymouth State, 2 p.m.

