

The Laker

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Larpenter leads “Dream Dozen”

Class S player of the year leads Lake Sunapee Champion Winter All-Star Team

By JEFF MILLER

Lake Sunapee Champion Sports

This is the first naming of the Lake Sunapee Champion’s “Dream Dozen” athletes for the recently completed winter sports season.

In my years at the *Argus-Champion*, we in the sports department, named an All-Argus team after every sports season picking male and female athletes of the season as well as 10-20 males and females to round out the all-star squad.

We’ll do it a little bit differently here at the Lake Sunapee Champion. Instead of singling out just one male and one female, we’ll pick one athlete from each school regardless of gender. We’ll also name 12 males and 12 females to complete the area’s “Dream Dozen” from Kearsarge, Newport, Stevens and Sunapee.

In naming this first edition, I consulted with all professionals who either covered or took photographs for me during the season. The final selections are based on the information I gathered myself or from those who worked for me this past winter.

The criteria for the selections were also



JEFF MILLER Photo

Stephanie Larpenter was selected the Class S girls basketball player of the year.

a result of individual athletic performance, team success, sportsmanship and being a good teammate.

Those four athletes are Sam Young from Kearsarge, Samantha Hemingway from Newport, Travis Drawing from

Stevens and Stephanie Larpenter from Sunapee.

Young was the Kearsarge boys basketball team’s leading scorer and a feared three-point shooter throughout Class I.

SEE LARPENTER PAGE 5



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Class S All-State Basketball

Class S Boys

Coach of the Year: Buddy Trask - Colebrook

Player of the Year: Jordan Wheelock - Groveton

First Team

Sr Jordan Wheelock - Groveton

Sr Curtis Williams - Newmarket

Sr Eric Jensen - Gorham

Sr Matt Cloutier - Nute

Sr Kevin Eisenberg - Moultonborough

Jr Dalton Scott - Colebrook

Second Team

Sr Drew Forsberg - Moultonborough

Jr Chad Fennessey - Pittsfield

Sr Dusan Trkujla - Littleton

Sr Stephan LaCasse - Nute

Sr Pat Wagner - Groveton

Sr Matt McCormick - Derryfield

Honorable Mention

Sr Zach Rolke - Wilton

Sr Dean Gioldassis - Sunapee

Jr Marcus Chase - Pittsburg

Jr Zach Bushway - Profile

Sr Mike Fritz - Newmarket

So David Green - Portsmouth Christian

Sr Kyle Fifield - Lisbon

Sr Jeff Richer - Colebrook

Jr Hunter Judd - Pittsburg

Sr Alex Elder Sunapee

Sr Eric Moriarity - Moultonborough

Class S Girls

Coach of the Year: Bill Keith - Woodsville

Player of the Year: Stephanie Larpenter - Sunapee

First Team

Sr Stephanie Larpenter - Sunapee

Jr Emily Pelletier - Groveton

Sr MacKenzie Brooks - Colebrook

Sr Jenn White - Lisbon

Sr Abby Fadden - Woodsville

Sr Kristine Brammer - Littleton

Second Team

Sr Kayla Matuszewski - Hinsdale

Jr Kamryn Thorpe - Portsmouth Christian

So Kelley Collins - Groveton

Jr Becca Jones - Newmarket

Jr Andrea Green - Derryfield

Jr Ari Kinder - Woodsville

Honorable Mention

Jr Hillary Oelson - Gorham

Jr Marika Thompson - Wilton-Lyndeborough

Sr Mercy Valdez - Pittsfield

So Kristen Call - Colebrook

Sr Jasmine Gustaveson - Littleton

Fr Bethany Kalliel - Derryfield

Jr Caitlin Hubbard - Lisbon

Sr Arielle Myers - Lisbon

Jr Megan Cahill - Sunapee

Sr Breally Bunch - Gorham

Sr Dana Lyons - Colebrook

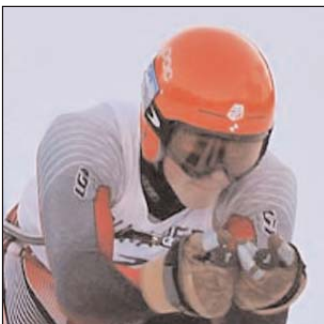
Sr Camille Smith - Derryfield

Class S Academic Honor Roll

Sunapee

Steven Curt, Leo Kontoes, Eric Nelson

Athletes of the Week



Erik Skarin
Sunapee Athletics



Mandy Mathiesen
Sunapee Athletics

Sunapee Varsity Spring Schedules

Baseball

Coach: Tom Frederick

- April 13 Derryfield, 4 p.m.
- April 15 Calvary Christian, 4 p.m.
- April 17 Wilton-Lyndeboro, 4 p.m.
- April 22 @ Derryfield (Fisher Cats Stadium), 4 p.m.
- April 24 Pittsfield, 4 p.m.
- April 27 Hinsdale, 4 p.m.
- May 4 Moultonborough, 4 p.m.
- May 6 Portsmouth Christian, 4 p.m.
- May 13 @ Calvary Christian, 4 p.m.
- May 14 @ Wilton-Lyndeboro, 4 p.m.
- May 16 Lin-Wood, 4 p.m.
- May 18 @ Lin-Wood, 4 p.m.
- May 20 @ Hinsdale, 4 p.m.
- May 22 @ Pittsfield, 4 p.m.
- May 27 @ Portsmouth Christian, 4:30 p.m.
- May 29 @ Moultonborough, 4:30 p.m.

Softball

Coach: Bonnie Cruz

- April 13 Derryfield, 4 p.m.
- April 15 Calvary Christian, 4 p.m.
- April 17 Wilton-Lyndeboro, 4 p.m.
- April 21 @ Derryfield, 4 p.m.

- April 24 Pittsfield, 4 p.m.
- April 27 Hinsdale, 4 p.m.
- May 4 Moultonborough, 4 p.m.
- May 6 Portsmouth Christian, 4 p.m.
- May 13 @ Calvary Christian, 4 p.m.
- May 14 @ Wilton-Lyndeboro, 4 p.m.
- May 16 Lin-Wood, 4 p.m.
- May 18 @ Lin-Wood, 4 p.m.
- May 20 @ Hinsdale, 4 p.m.
- May 22 @ Pittsfield, 4 p.m.
- May 27 @ Portsmouth Christian, 2:30 p.m.
- May 29 @ Moultonborough, 4:30 p.m.

Track

Coach: Jon Reed

- April 7 @ Moultonborough, 4 p.m.
- April 11 @ Stevens, 10 a.m.
- April 18 @ Winnisquam, 4 p.m.
- April 25 @ Newfound, 10 a.m.
- April 28 @ Stevens, 3:30 p.m.
- May 9 @ Winnisquam, 10 a.m.
- May 12 @ Moultonborough, 4 p.m.
- May 19 @ Stevens, 3:30 p.m.
- May 23 @ Wilderness Finals (Kennett), 10 a.m.
- May 30 @ Class M-S Meet (Winnisquam), 10 a.m.



NHIAA Class S Spring Standings

BASEBALL

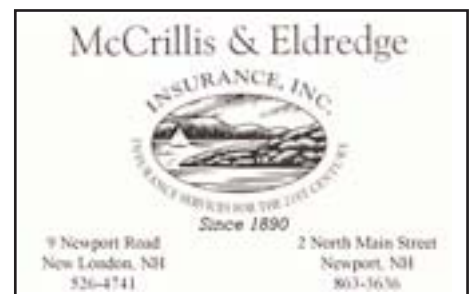
SCHOOL	W	L
Moultonborough	0	0
Newmarket	0	0
Groveton	0	0
Colebrook	0	0
Sunapee	0	0
Wilton-Lyndeborough	0	0
Nute	0	0
Derryfield	0	0
Pittsfield	0	0
Pittsburg	0	0
Lisbon	0	0
Littleton	0	0
Gorham	0	0
Woodsville	0	0
Portsmouth Christian	0	0
Lin-Wood	0	0
Nashua Christian	0	0
Profile	0	0
Hinsdale	0	0
Mount Zion	0	0
Calvary Christian	0	0
Stratford	0	0
Concord Christian	0	0

SOFTBALL

SCHOOL	W	L
Sunapee	0	0
Colebrook	0	0
Portsmouth Christian	0	0
Lisbon	0	0
Derryfield	0	0
Woodsville	0	0
Groveton	0	0
Wilton-Lyndeborough	0	0
Littleton	0	0
Newmarket	0	0
Gorham	0	0
Hinsdale	0	0
Pittsfield	0	0
Moultonborough	0	0
Pittsburg	0	0
Stratford	0	0
Profile	0	0
Nute	0	0
Mount Zion	0	0
Lin-Wood	0	0
Calvary Christian	0	0



Please forward story ideas to
sports@lakesunapeechampion.com
 or call 558-0819.



Go Lakers!

LARPENTER FROM PAGE 1

Young recently tried out and earned a spot on New Hampshire's Rotary squad which will play in this summer's Twin State Classic against Vermont.

Hemingway became Newport's latest 1,000 point scorer leading the Tigers to the Class M tournament for a fourth straight season. She was a first team Class M all-state player this year.

Drewing was a second team Class I all-state player helping guide the Stevens Cardinals boys basketball team to its best season in nearly 20 years. His Class M semifinal performance of 12 points, 17 rebounds, six assists and five steals in an overtime loss to Prospect Mountain will be talked about for years to come in Claremont.

Larpenter completed her stellar 1,000 point scoring career at Sunapee by being named the Class S player of the year. She led the Lakers to an undefeated regular season during her senior year.

Here, in no particular order, are the remaining members of the Lake Sunapee Champion's 2009 Winter Season Dream Dozen. Congratulations.

LSC Boys 2009 Winter Dream Dozen

Kaleb Tarczewski, Stevens Basketball: The 6-foot-10 center was nearly unstoppable in the paint down the stretch.

Kevin O'Connor, Stevens Basketball: The sophomore standout is one of the most highly skilled players in Class M coming up big numerous times for the Cardinals.

Cody Nichols, Stevens Basketball: A tough-too-handle shooting guard for opposing defenses.

Derrike Palmer, Stevens Track: Palmer finished an impressive second at the indoor Class I-M-S meet in the shot put.

Dean Gioldassis, Sunapee Basketball: Gioldassis went a long way toward carrying the Lakers to the Class S quarterfinals for the first time in several years.

Alex Elder, Sunapee Basketball: Developed into one of the better inside post presences in Class S during his junior and senior seasons.

Erik Skarin, Sunapee Skiing: Made a return to skiing during his junior season and immediately took a spot in the top 10.

Jesse Shull, Newport Wrestling: Has become Newport's most

consistent wrestler setting up what should be a super senior season.

Zach Hays, Newport Wrestling: Hays is an example of what hard work, dedication to your sport and understanding your sport can make you keep getting better.

Nik Hauck, Kearsarge Skiing: Hauck was instrumental in helping the Cougars win the boys state title.

Dominic Torro, Kearsarge Skiing: Another key cop in the Cougars state title run.

Grant Reeder, Kearsarge Swimming: One of the better up-and-coming swimmers in Division II.

LSC Girls 2009 Winter Dream Dozen

Jasmine Matos, Stevens Basketball: A consistent inside force for the Stevens Cardinals.

Richelle Dole, Stevens Basketball: One of the most dynamic freshman players in Class M.

Melissa Catsam, Newport Basketball: Drained lots of three's in her career for the Tigers.

Allison Tenney, Sunapee Basketball: The thinking man's point guard. Rarely makes a bad pass or a bad decision on the court.

Megan Cahill, Sunapee Basketball: Has developed into one of the best rebounders and defenders in Class S.

Megan Deschaine, Stevens Swimming: Had a fantastic season for the Cardinals and is poised to continue to get better.

Allie Reeder, Kearsarge Swimming: One of the top swimmers in New Hampshire regardless of division.

Mandy Mathiesen, Sunapee Skiing: Sunapee's most consistent skier this past season.

Kyanne Sager, Kearsarge Basketball: One of the better forwards in Class I.

Alex Gaines, Kearsarge Basketball: Has become the heart and soul of the Cougars.

Anna Prohl, Kearsarge Basketball: One of the most athletic players in Class I.

Andrea Iacopino, Kearsarge Skiing: Was the only Cougar female to qualify for the Eastern High School Championships.

COUNTRY 1010

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Outdoor Event Calendar

Saturday, April 18

8th Annual Girls Inc. N. H. 5K Road Race

Rochester, NH 9:00AM Rochester Community Center, 150 Wakefield Street (Fast and flat course with great fundraising incentives & prizes)

Contact: Christine Mathieu (Girls Incorporated of New Hampshire), 815 Elm Street, Suite 4a, Manchester, NH, USA, 03101. 1-603-625-1296 cmathieu@girlsincnewhampshire.org

Healthy Kids Day 5K, Strong Kids Scholarship Race

Portsmouth, NH 10:00AM Main Facility, Intersection of Peverly Hill and Banfield Rd, 550 Peverly Hill Rd (5K, Family Fun Activities, Pool Access, FREE Babysitting 9 - 11:30am for Racers)

Contact: Frank Nappo (Seacoast YMCA), 550 Peverly Hill Rd, Portsmouth, NH, USA, 03801. 1-603-431-2334 fnappo@seacoastymca.org

Otter Run 5K

Nashua, NH 10:00AM Stellos Stadium, 7 Riverside Drive (Fast, fun, & scenic course through beautiful Mine Falls Park)

Contact: Michael Amarello (Three C Race Productions LLC), 160 Amherst Road, Merrimack, NH, USA, 03054. 1-603-429-8879 michael@3CRaceProductions.com

Sunday, April 19

LMS Raider Run 5k

Litchfield, NH NOON Campbell High School, 1 Highlander Court (Is a flat course, Mini me race for 8 and under. Wellness Fair following race)

Contact: Teresa Tarr (Litchfield Middle School Cross Country), 19 McElwain Dr., Litchfield, NH, USA, 03052. 1-603-424-2133 ttarr@litchfieldsd.org

Spring Into Spring 5K

Center Conway, NH NOON Pine Tree School, 183 Mill

Street (ninth annual, flat and fast course, award certificates, 50/50 raffle, food)

Contact: Stephen Dowling (Pine Tree School), 183 Mill Street, Center Conway, NH, USA, 03813. 1-603-447-2882 dowling@ncia.net

Friday, April 24

NHTI/Delta Dental in Concord 5K

Concord, NH 6:00PM NHTI, 31 College Dr. (3rd race of C.A.R.S.)

Contact: Tom Walton (Northeast Delta Dental and NHTI), One Delta Drive, Concord, NH, USA, 03301. 1-603-223-1537 twalton@nedelta.com

Saturday, April 25

2nd Annual Sunapee Health Pursuit 5K

Sunapee, NH 8:00AM Sunapee Harbor, River Road (Fun Run)

Contact: Teresa A. Mastin (Sunapee Police Benevolent Association), P.O. Box 91, Sunapee, NH, USA, 03782. 1-603-763-5555 Teresa.Mastin@sunapeepd.com

Earth Day 5K

Nashua, NH 9:00AM Rivier College, Memorial Parking Lot (corner of S. Main St & Clement St), 420 S. Main St (Charitable road race/walk. Prizes will be awarded in several categories)

Contact: Nina Harrold (Rivier College Biology Club), 420 S Main St, Nashua, NH, USA, 03060. 1-603-897-8624 nharrold@rivier.edu

Out of Hibernation 5K

Portsmouth, NH 9:00AM St. Johns Masonic Lodge, 351 Middle St, C/o Miller Ave

Contact: Dan Stolworthy (St Johns Masonic Lodge), 351 Middle St, Portsmouth, NH, USA, 03801. 1-603-430-7558 outofhibernation@yahoo.com



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N.H. Fish and Game News

Spring gobbler season looks good for NH hunters

CONCORD, N.H. - New

Hampshire's turkey hunters can expect a productive spring gobbler season, according to New Hampshire Fish and Game Department turkey biologist Ted Walski. The spring season opens May 3, and runs through May 31 statewide. The N.H. Youth Hunt Weekend precedes the season, taking place on April 25-26 (Saturday and Sunday).

"Hopefully, turkey hunters were out sometime during March checking on the whereabouts of turkey flocks before snowcover disappeared and the flocks began to break out of their wintering sites and disperse across the landscape," said Walski.

Walski recapped the past winter's impact on the state's turkey population: Turkeys did well this past winter in most of the state. The ice storm during the middle of December and the thawing days in late December created some crust, allowing turkeys to walk more easily on the snow. While January was cold, the month of February had many "thawing days," which created bare ground sites on south and southwest slopes. Turkeys fed on acorns during early and late winter, and made good use of dried crabapples and apples on trees from last fall's bumper apple crop. An Internet Wild Turkey Winter Flock Survey in New Hampshire this year produced 1,400 flock reports! The majority of these flocks visited bird feeders for sunflower seeds and cracked corn during the deep snow periods.

Turkeys have been displaying and gobbling this year since early February, Walski reported. Even some grouse were seen displaying in mid-February.

By Feb. 20, turkey flocks and deer groups were venturing from their winter ranges for "walk-about." Some turkey breeding was observed by the middle of March, which means there may be some early hatching during the second half of May.

During the spring 2008 gobbler season, N.H. hunters harvested 4,107 turkeys.

"I would 'guesstimate' the spring 2009 harvest will be in the same range, if not better," said Walski. "My travels through the fall and winter months seemed to indicate good numbers of adult toms with long beards. Last year's season harvest and this winter flock survey results suggest that turkey populations in the eastern half of the state are increasing, and I predict an increase in the May 2009 harvest from eastern wildlife management units."

Since the end of March, turkeys have begun gobbling early in the mornings between 6:00 and 6:15 a.m.

"If you can make the time, do some early morning gobbling routes," recommends Walski. "Start approximately one-half hour before daybreak. Stop at one-half to one mile intervals along a 5- to 10-mile route in the region you intend to hunt; get out of the vehicle and listen for gobbling turkeys and drumming grouse for four minutes at each stop."

N.H. Fish and Game Department regional biologists each survey several 10-mile routes each spring between April 15 and May 10 to listen for turkey and grouse.

Don't forget - the purchase of your spring N.H. turkey license also allows you to participate in the fall turkey hunt. Licenses are available online at

www.huntnh.com or from any license agent. Consider taking a young person out during the Youth Hunt Weekend; remember that youth hunters do need to have a valid turkey license. Have an interesting turkey hunt and be sure to observe all the other things in the spring woods!

If you're new to turkey hunting or you've been thinking about giving it a try, come to a free turkey hunting seminar for beginners, "Introduction to Turkey Hunting," on Wednesday, April 22, 2009, at 7 p.m. at N.H. Fish and Game headquarters in Concord, N.H. The session features N.H. (and Maine) Hunting Guide Dave Smith and Bill Devon, N.H. State Chapter President of the National Wild Turkey Federation and a Pro Staff member of Quaker Boy Game Calls. Pre-registration required; call 603-271-6355.

All hunters should keep in mind some key safety guidelines for turkey hunting: Always positively identify your target. Never assume that calls and movement indicate the presence of a turkey - hunters commonly imitate turkey calls and use decoys in order to locate and/or attract turkeys! Never stalk a turkey; you could be mistaken for game - rather than stalking, scout out a good spot, call and wait for the turkeys to come to you. Be seen! Turkey hunters should always wear a blaze orange hat or vest as they enter and leave the area they are hunting. Tying blaze-orange survey tape around a decoy/calling location can alert other hunters to your presence and won't scare the birds. Avoid clothes with the colors red, white and blue and black, as these are the colors of the male turkey.

***The Lake Sunapee Champion would love to run your fishing photos.
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NHIAA Spring Tournament Dates

BASEBALL

Class I

Preliminaries - June 4 @ home of higher seed, 4 p.m.
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.
 Semifinals - June 10 @ Franklin Pierce University,
 4 & 7 p.m.
 Finals - June 13 @ Merchantsauto.com Stadium, 4 p.m.

Class M

Preliminaries - June 4 @ home of higher seed, 4 p.m.
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.
 Semifinals - June 10 @ Memorial Field,
 Concord, 4 & 7 p.m.
 Finals - June 13 @ Merchantsauto.com Stadium, 1 p.m.

Class S

Preliminaries - June 4 @ home of higher seed, 4 p.m.
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.
 Semifinals - June 10 @ Plymouth State &
 Plymouth High, 4 p.m.
 Finals - June 13 @ Merchantsauto.com Stadium, 10 a.m.

SOFTBALL

Class I

Preliminaries - June 3 @ home of higher seed, 4 p.m.
 Quarterfinals - June 7 @ home of higher seed, 4 p.m.
 Semifinals - June 10 @ Memorial Field,
 Concord, 5 & 7 p.m.
 Finals - June 13 @ Memorial Field, Concord, 2:30 p.m.

Class M

Preliminaries - June 3 @ home of higher seed, 4 p.m.
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.
 Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.
 Finals - June 13 @ Plymouth State University, 5 p.m.

Class S

Preliminaries - June 3 @ home of higher seed, 4 p.m.
 Quarterfinals - June 6 @ home of higher seed, 4 p.m.
 Semifinals - June 9 @ Plymouth State, 5 & 7 p.m.
 Finals - June 13 @ Plymouth State University, 2:30 p.m.

LACROSSE

Boys

Division III

Preliminaries - June 1 @ home of higher seed, 5 p.m.
 Quarterfinals - June 3 @ home of higher seed, 5 p.m.

Semifinals - June 6 @ Stellos Stadium, Nashua, 5 & 7 p.m.
 Finals - June 9 @ Stellos Stadium, Nashua, 7 p.m.

Girls

Division III

Quarterfinals - June 4 @ home of higher seed, 5 p.m.
 Semifinals - June 7 @ Southern N.H., 1 & 3 p.m.
 Finals - June 10 @ Southern N.H. University, 7 p.m.

TRACK

Class I Meet - May 30 @ Coe-Brown Academy, 10 a.m.
 Class M-S Meet - May 30 @ Winnisquam, 10 a.m.
 Meet of Champions - June 6 @ UNH, 2:30 p.m.
 New England's - June 13 @ Burlington (Vt.) High School,
 10 a.m.

TENNIS

Individual

Singles opening round

Boys - June 6 @ Memorial Field, Concord, 9 a.m.
 Girls - June 6 @ Derryfield School & SNHU, 9 a.m.

Doubles opening round

Boys - June 7 @ Memorial Field, Concord, 9 a.m.
 Girls - June 7 @ Derryfield School & SNHU, 9 a.m.
 Singles Semifinal & Final - June 9 @ Derryfield, 4 p.m.
 Doubles Semifinal & Final - June 11 @ Derryfield, 4 p.m.

Team

Girls

Class I

Quarterfinals - May 27 @ home of higher seed, 4 p.m.
 Semifinals - May 29 @ home of higher seed, 4 p.m.
 Finals - June 1 @ Memorial Field, Concord, 4 p.m.

Class M-S

Semifinals - May 27 @ home of higher seed, 4 p.m.
 Finals - May 30 @ Plymouth State, 11 a.m.

Boys

Class I

Quarterfinals - May 28 @ home of higher seed, 4 p.m.
 Semifinals - May 30 @ home of higher seed, 11 a.m.
 Finals - June 2 @ Memorial Field, Concord, 4 p.m.

Class M-S

Semifinals - May 28 @ home of higher seed, 4 p.m.
 Finals - May 30 @ Plymouth State, 2 p.m.





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