

# The Laker

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JEFF MILLER Photo

Sunapee's Mariah Krause, center, and Connor Denney, right, battle a Stevens Cardinal at a preseason scrimmage at Claremont Middle School Aug. 28.

## Sunapee set for opener

*Lakers welcome Calvary Christian to Memorial Field Friday, Sept. 5*

**SUNAPEE** - Being intimidated will not be a factor for the Sunapee girls soccer team this season.

The Lakers went 8-7-1 last season and finished as the 10th seed in the Class S tourney. Coach Myles Cooney's squad then went on a magical run beating seventh-seeded Nashua Christian in a marathon three overtime pre-elim and second-seeded Woodsville in the quarterfinals before falling to Wilton-Lyndeborough in the semifinals.

"Last year was a great season," Cooney said. "Our returning players know what it takes to get to that level."

Coach Cooney also believes in playing out of class in the preseason.

"We have not played a Class S team since the semifinals last year," Cooney said. "During the summer we played up and we did during the preseason."

Cooney likes what playing bigger schools can accomplish for his team.

"The game gets really physical against bigger schools," Cooney said. "I like to think that helps us during the regular season and makes us one of the more physical teams in Class S."

Leading the way for Sunapee will be senior goalie Stephanie Larpenter. Larpenter played

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**Lake Sunapee Champion**  
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Dear coaches, players, parents and fans:

This is a letter to introduce you to the [www.lakesunapeechampion.com](http://www.lakesunapeechampion.com), a new Web site devoted to covering high school athletics at Stevens, Newport, Kearsarge and Sunapee high schools. Stevens - The Cardinal; Newport - The Tiger; Kearsarge - The Cougar; and Sunapee - The Laker, will be on-line for the first time Wednesday, Sept. 5.

Each school will have their own sports letter updated every Wednesday. Each sports letter will be available in pdf format, free of charge, to be downloaded and printed. To access your school's sports letter, go to the main page, click on your school's mascot and then you'll find your sportsletter.

Coaches can e-mail me at [sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com) to send in game recaps, etc. Parents and interested fans can send me sports briefs, recaps, photos or ideas as well. You may also contact me at 558-0819. I look forward to hearing from all you in an effort to make this the most comprehensive high school sports coverage for your school.

I have 15 years of experience covering high school athletics with the Argus-Champion and Eagle Times. Joining me in this venture is former Eagle Times sports editor Poody Walsh, and former Argus-Champion photographers Marty McAuliff and Paul Howe. Together we form a sports team which will be hard to beat in the Lake Sunapee Region.

The venture has been endorsed by all four schools and if you have any questions please contact Scott Fitzgerald at Stevens, Doug Beaupre at Newport, Marty Brown at Kearsarge and Tom Frederick at Sunapee.

I look forward to seeing you out at events and do not hesitate to talk to me at a game, send me an e-mail or give me a phone call.

Sincerely  
Jeff Miller  
Editor/Publisher Lake Sunapee Champion



**Please forward story ideas to**  
**[sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com)**  
**or call 558-0819.**

## Sunapee Varsity Schedules

### Boys Soccer

Coach: Jack Iacopino

Sept. 5 Calvary Christian, 4:30 p.m.  
 Sept. 9 Nute, 4:30 p.m.  
 Sept. 13 @ Pittsfield, 3 p.m.  
 Sept. 15 @ Mount Zion, 4:30 p.m.  
 Sept. 19 @ Hinsdale, 4:30 p.m.  
 Sept. 23 Concord Christian, 4:30 p.m.  
 Sept. 26 Wilton-Lyndeboro, 4:30 p.m.  
 Sept. 29 @ Portsmouth Christian,  
 2:30 p.m.  
 Oct. 2 @ Derryfield, 4 p.m.  
 Oct. 4 Pittsfield, 3 p.m.  
 Oct. 6 @ Concord Christian, 4 p.m.  
 Oct. 10 @ Nashua Christian, 4 p.m.  
 Oct. 14 Moultonborough, 4 p.m.  
 Oct. 17 Hinsdale, 4 p.m.  
 Oct. 20 @ Wilton-Lyndeboro, 4 p.m.  
 Oct. 23 Derryfield, 4 p.m.

### Girls Soccer

Coach: Myles Cooney

Sept. 5 Calvary Christian, 4:30 p.m.  
 Sept. 9 @ Newport, 4:30 p.m.  
 Sept. 13 @ Pittsfield, 1 p.m.  
 Sept. 15 @ Mount Zion, 4:30 p.m.  
 Sept. 19 @ Hinsdale, 4:30 p.m.  
 Sept. 23 Newport, 4:30 p.m.  
 Sept. 26 Wilton-Lyndeboro, 4:30 p.m.  
 Sept. 29 @ Portsmouth Christian,  
 4:30 p.m.  
 Oct. 2 @ Derryfield, 4 p.m.  
 Oct. 4 Pittsfield, 1 p.m.  
 Oct. 8 @ Calvary Christian, 4 p.m.  
 Oct. 10 @ Nashua Christian, 4 p.m.  
 Oct. 14 Moultonborough, 4 p.m.  
 Oct. 17 Hinsdale, 4 p.m.  
 Oct. 21 @ Wilton-Lyndeboro, 4 p.m.  
 Oct. 23 Derryfield, 4 p.m.



JEFF MILLER Photo

Sunapee's Linnea Circosta gets her foot on the ball at a scrimmage against Stevens in Claremont Aug. 28. The Lakers open the season against Calvary Christian.

### Golf

Coach: Michael Kennedy

Sept. 3 @ Stevens, 3:30 p.m.  
 Sept. 5 @ Belmont, 4 p.m.  
 Sept. 8 Inter-Lakes, 4 p.m.  
 Sept. 9 @ Hillsboro-Deering, 4 p.m.  
 Sept. 12 @ Winnisquam, 4 p.m.  
 Sept. 15 Derryfield, 4 p.m.  
 Sept. 17 @ Hopkinton, 3:30 p.m.  
 Sept. 19 @ Conant, 4 p.m.  
 Sept. 23 @ Derryfield, 4 p.m.  
 Sept. 25 @ Winnisquam, 3:30 p.m.

### Volleyball

Coaches: Tom & Faith Reney

Sept. 8 Prospect Mountain, 6:30 p.m.  
 Sept. 10 Franklin, 6:30 p.m.  
 Sept. 12 @ Belmont, 6:30 p.m.

Sept. 13 @ Mascoma, 6:30 p.m.  
 Sept. 15 Newfound, 6:30 p.m.  
 Sept. 19 Moultonborough, 6:30 p.m.  
 Sept. 22 @ Wilton-Lyndeboro,  
 6:30 p.m.  
 Sept. 24 Pittsfield, 6:30 p.m.  
 Sept. 26 @ Newfound, 6:30 p.m.  
 Oct. 1 @ Pittsfield, 6:30 p.m.  
 Oct. 3 Inter-Lakes, 6:30 p.m.  
 Oct. 6 @ Prospect Mountain,  
 6:30 p.m.  
 Oct. 8 @ Franklin, 6:30 p.m.  
 Oct. 10 Mascoma, 6:30 p.m.  
 Oct. 15 Belmont, 6:30 p.m.  
 Oct. 17 @ Moultonborough, 6:30 p.m.  
 Oct. 20 Wilton-Lyndeboro, 5 p.m.  
 Oct. 22 @ Inter-Lakes, 6:30 p.m.

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Sunapee battled Stevens in a pre-season scrimmage at Claremont Middle School Aug. 28. The Cardinals scored the only goal of the game.

JEFF MILLER Photo



JEFF MILLER Photo

Sunapee's Kathryn Milewski moves the ball up field against Stevens in a presesason scrimmage at Claremont Middle School Aug. 28.

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her best in the postseason and is regarded as one of the top goalies in Class S.

"The biggest thing Steph brings to the goalie position is confidence," Cooney said. "Not just in her abilities, but also in the team's ability to keep the ball out of the net. She is so dependable athletically and emotionally, always giving her best and not getting too high or too low."

The other two seniors, Mandy Mathiesen and Carolyn Stevens, along with exchange student Pernille Swensson are expected to contribute mightily to Sunapee's cause.

Mathiesen is Sunapee's best marking defender and Stevens is a solid midfielder with good goal-scoring potential. Swensson brings considerable soccer skills and experience and Cooney is planning to move her around and use her where she's most needed depending on the game.

A solid junior class of returners is led by Meghan Lang, Kathryn Milewski, Mariah Krause and Linnea Circosta. A bevy of underclassmen round out the varsity and junior varsity squads.

"We are not filled with superstars so it will be the sum of the parts which will determine our place among the top teams," Cooney said. "Right now I like our parts, we just need to come together."

Wilton-Lyndeborough, Derryfield and

Pittsfield are the toughest Class S teams on Sunapee's schedule.

"Wilton plays a tough grinding style of soccer and will be led by returning Class S player of the year Gabby Trombley," Cooney said.

Sunapee's coach looks at the northern portion of Class S as being really strong this year with Gorham, Colebrook, Woodsville and Littleton. Littleton makes the drop down from Class M to S.

"The north is really strong," Cooney said. "Unfortunately with the realignment we don't play many of those teams."

A pair of exciting games for Cooney and his team are the first ever regular season dates with Class M Newport. Sunapee plays at Newport's Sichel Field Sept. 9 and then welcomes the Tigers to Memorial Field Sept. 23. He likes the thought of annual friendly-neighbor games between the schools in all sports.

"The competitive environment that a Newport-Sunapee game will generate makes for better soccer and better individual and team battles," Cooney said. "Ultimately it will make for great memories for the student-athletes and their families."

The Lakers open Sept. 5 at home against the Calvary Christian Eagles. Game time is 4 p.m.

# Sunapee's Upcoming Week

## Wednesday, Sept. 3

### Boys JV Soccer

Sunapee @ Moultonborough, 4:30 p.m.

### Girls JV Soccer

Sunapee @ Moultonborough, 4:30 p.m.

### Golf

Sunapee @ Stevens, 3:30 p.m.

## Friday, Sept. 5

### Boys Soccer

Calvary Christian @ Sunapee, 4:30 p.m.

### Girls Soccer

Calvary Christian @ Sunapee, 4:30 p.m.

### Girls JV Soccer

Sunapee @ Rivendell, 4 p.m.

### Golf

Sunapee @ Belmont, 4 p.m.

## Monday, Sept. 8

### Golf

Inter-Lakes @ Sunapee, 4 p.m.

### Volleyball

Prospect Mountain @ Sunapee, 6:30 p.m.

### JV Volleyball

Prospect Mountain @ Sunapee, 5 p.m.

## Tuesday, Sept. 9

### Boys Soccer

Nute @ Sunapee, 4:30 p.m.

### Girls Soccer

Nute @ Sunapee, 4:30 p.m.

### Golf

Sunapee @ Hillsboro-Deering, 4 p.m.

## Wednesday, Sept. 10

### Girls JV Soccer

Derryfield @ Sunapee, 4 p.m.

### Volleyball

Franklin @ Sunapee, 6:30 p.m.

### JV Volleyball

Franklin @ Sunapee, 5 p.m.

## Thursday, Sept. 11

### Boys JV Soccer

Sunapee @ Newport, 5:30 p.m.

## Friday, Sept. 12

### Girls JV Soccer

Sunapee @ Pittsfield, 3:30 p.m.

### Golf

Sunapee @ Winnisquam, 4 p.m.

### Volleyball

Sunapee @ Belmont, 6:30 p.m.

### JV Volleyball

Sunapee @ Belmont, 5 p.m.

## Saturday, Sept. 13

### Boys Soccer

Sunapee @ Pittsfield, 3 p.m.

### Girls Soccer

Sunapee @ Pittsfield, 1 p.m.

### Volleyball

Sunapee @ Mascoma, 6:30 p.m.

### JV Volleyball

Sunapee @ Mascoma, 5 p.m.

## Monday, Sept. 15

### Boys Soccer

Sunapee @ Mount Zion, 4:30 p.m.

### Girls Soccer

Sunapee @ Mount Zion, 4:30 p.m.

### Golf

Derryfield @ Sunapee, 4 p.m.

### Volleyball

Newfound @ Sunapee, 6:30 p.m.

### JV Volleyball

Newfound @ Sunapee, 5 p.m.



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# Sunapee Varsity Preview Capsules

## Boys Soccer

*Class S*

Coach: Jack Iacopino (13th year)

Last Year: The Lakers finished another solid season at 8-6-2 losing to Moultonborough in the Class S quarterfinals.

Top Returners: Dean Gioldassis, Eric Nelson, Phillip Parsons, Leo Kontoes, Erik Skarin, Robert Titus.

Key Losses: Peter Kontoes, Steven Famiglietti, Sawyer Webb, Kyle DiPaola.

Strength: Scrappy and know how to win.

Weakness: Depth.

Toughest Opponents: Moultonborough, Derryfield, Portsmouth Christian.

### ROSTER

Seniors - Dean Gioldassis, Eric Nelson, Phillip Parsons.

Juniors - Scott Bato, Shaun Carroll, Lane Dubreuil, Silas Eldredge, Benjamin Emery, Leo Kontoes, Denis Nekoroski, Sean Reidy, Erik Skarin, Michael Spaulding, Robert Titus.

Sophomores - James Howe, Brian Parsons.

Freshmen - Brian Brewster, Troy Fowler, Alexander Milewski.

## Girls Soccer

*Class S*

Coach: Myles Cooney (3rd year)

Last Year: 8-7-1 losing to Wilton-Lyndeborough in the Class S semifinals.

Top Returners: Stephanie Larpenter, Mandy Mathiesen, Carolyn Stevens, Meghan Lang, Kathryn Milewski, Mariah Krause, Linnea Circosta.

Key Losses: Lyndsey MacLeod, Kate Bushueff, Maureen Quinn, Tori Laro, Lauren Bourdon.

Strength: Defense led by goalie Stephanie Larpenter.

Weakness: Might struggle on offensive end.

Toughest Opponents: Wilton-Lyndeborough, Derryfield, Pittsfield.

Quote: "This team has put a lot of time into improving, much like last year we will reap what we sow," Cooney said. "If we work hard and stay focused I think we can be successful in terms of wins and losses. Our goal is to return to the playoffs and make another splash."

### ROSTER

Seniors - Stephanie Larpenter, Amanda Mathiesen, Carolyn Stevens, Pernille Swensson.

Juniors - Linnea Circosta, Mariah Krause, Meghan Lang, Kathryn Milewski.

Sophomores - Erika Cain, Alison Fazio, Kari Mathiesen, Monica Preston.

Freshmen - Liza Bourdon, Connor Denney, Martha Howwe, Nicole Kangas, Sofia Likhter, Jordan O'Mara, Molly Puchtler.

## Golf

*Class M-S*

Coach: Michael Kennedy (First year)

Last Year: Lakers did not qualify for postseason.

Top Returners: Alex Elder, Garrett Longtin, Jeremy Walla, Nate Wirta.

Strength: Great kids with a great attitude who want to help each other get better.

Weakness: Young and have not played a lot of golf.

Toughest Opponents: Mascenic, Newport, Stevens.

Quote: "I just want the kids to love golf," Kennedy said. "It can really be a lifelong sport. If these kids continue to play after they get out of high school then I've done my job."

### ROSTER

Seniors - Stephen Curt, Alex Elder, Garrett Longtin.

Sophomores - Jeremy Walla, Nate Wirta, Ethan Page.

Freshmen - Brett Simpson, J.T. Warkentien, Cam Manson.

## Volleyball

*Division III*

Coaches: Tom and Faith Reney (Second year)

Last Year: 7-9 lost in Division III first round to Portsmouth Christian.

Top Returners: Chloe Fleming, Hannah Preston, Kristy Antoniewich.

Strength: The entire team from a season ago returns a year older. The Lakers serve well, hit better and are scrappy.

Weakness: Lack of experience.

Toughest Opponents: Moultonborough, Inter-Lakes.

Quote: "We have improved in all aspects of our game," Tom Reney said. "I look forward to a fun year."

### ROSTER

Seniors - Kristy Antoniewich, Chloe Fleming, Hannah Preston, Gina Gioldassis manager.

Juniors - Danielle Chute, Maggie Hurd, Olivia Richardson.

Sophomores - Sara Bailey, Alisha Famiglietti, Kelsey Hockenbury, Allison Tenney.

**To contact the Lake Sunapee Champion:  
e-mail [sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com)  
or  
call 558-0819**



# Sunapee Junior Varsity Schedules

## Boys JV Soccer

Coach: Chuck Weinstein

- Sept. 3 @ Moultonborough, 4:30 p.m.
- Sept. 11 @ Newport, 5:30 p.m.
- Sept. 22 Rivendell, 4:30 p.m.
- Sept. 25 Moultonborough, 4:30 p.m.
- Oct. 3 @ Newport, 5:30 p.m.
- Oct. 16 Hopkinton, 4:30 p.m.

## Girls JV Soccer

Coach: Tim LaTorra

- Sept. 3 @ Moultonborough, 4:30 p.m.
- Sept. 5 @ Rivendell, 4 p.m.
- Sept. 10 Derryfield, 4 p.m.
- Sept. 12 @ Pittsfield, 3:30 p.m.
- Sept. 17 John Stark, 4:30 p.m.
- Sept. 19 @ Fall Mountain, 4 p.m.
- Sept. 22 Rivendell, 4:30 p.m.
- Sept. 25 Moultonborough, 4:30 p.m.
- Oct. 1 @ Stevens, 3:30 p.m.
- Oct. 9 @ John Stark, 4:30 p.m.
- Oct. 10 Fall Mountain, 4 p.m.
- Oct. 14 @ Derryfield, 4 p.m.
- Oct. 16 Hopkinton, 4:30 p.m.
- Oct. 21 @ Stevens, 3:30 p.m.

## Girls JV Volleyball

Coaches: Tom & Faith Reney

- Sept. 8 Prospect Mountain, 5 p.m.
- Sept. 10 Franklin, 5 p.m.
- Sept. 12 @ Belmont, 5 p.m.
- Sept. 13 @ Mascoma, 5 p.m.
- Sept. 15 Newfound, 5 p.m.
- Sept. 19 Moultonborough, 5 p.m.
- Sept. 22 @ Wilton-Lyndeborough, 5 p.m.
- Sept. 24 Pittsfield, 5 p.m.



JEFF MILLER Photo

Sunapee's Kathryn Milewski battles to keep possession in a preseason scrimmage against Stevens at the Claremont Middle School Thursday, Aug. 28.

- Sept. 26 @ Newfound, 5 p.m.
- Sept. 29 Laconia Christian, 7 p.m.
- Oct. 1 @ Pittsfield, 5 p.m.
- Oct. 3 Inter-Lakes, 5 p.m.
- Oct. 6 @ Prospect Mountain, 5 p.m.
- Oct. 8 @ Franklin, 5 p.m.

- Oct. 10 Mascoma, 5 p.m.
- Oct. 13 @ Laconia Christian, 6 p.m.
- Oct. 15 Belmont, 5 p.m.
- Oct. 17 @ Moultonborough, 5 p.m.
- Oct. 22 @ Inter-Lakes, 5 p.m.



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# Fall Tournament Dates

## CROSS COUNTRY

Oct. 25 Class Meets @ Derryfield Park (Manchester)  
 Nov. 1 Meet of Champions @ Nashua South  
 Nov. 8 New Englands @ Derryfield Park (Manchester)

## FIELD HOCKEY

Class M-S

Prelims: Oct. 22 @ home of higher seed, 3:30 p.m.  
 Quarters: Oct. 25 @ home of higher seed, 2 p.m.  
 Semifinals: Oct. 29 @ Bedford, 5 & 7 p.m.  
 Finals: Nov. 2 @ Bedford, noon  
 Class I  
 Prelims: Oct. 23 @ home of higher seed, 3:30 p.m.  
 Quarters: Oct. 26 @ home of higher seed, 3:30 p.m.  
 Semifinals: Oct. 30 @ Bedford, 5 & 7 p.m.  
 Finals: Nov. 2 @ Bedford, 2:30 p.m.

## FOOTBALL

Division V

Semifinals: Nov. 15 @ home of higher seed, 1 p.m.  
 Finals: Nov. 22 @ home of higher seed, 1 p.m.

Division VI

Semifinals: Nov. 15 @ home of higher seed, 1 p.m.  
 Finals: Nov. 22 @ home of higher seed, 1 p.m.

## BOYS SOCCER

Class S

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Robbie Mills Field in Laconia,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Robbie Mills Field in Laconia, 3 p.m.

Class M

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Merrimack Valley, 4 & 6 p.m.  
 Finals: Nov. 8 @ Merrimack Valley, 3 p.m.

Class I

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Stellos Stadium in Nashua,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Stellos Stadium in Nashua, 3 p.m.

## GIRLS SOCCER

Class S

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Robbie Mills Field in Laconia,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Robbie Mills Field in Laconia, 1 p.m.

Class M

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Merrimack Valley, 4 & 6 p.m.  
 Finals: Nov. 8 @ Merrimack Valley, 1 p.m.

Class I

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Stellos Stadium in Nashua,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Stellos Stadium in Nashua, 1 p.m.

## SPIRIT

Nov. 9 State Meet @ Southern N.H. University in  
 Manchester, TBA

## VOLLEYBALL

Division III

Prelims: Oct. 30 @ home of higher seed, 6 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 6 p.m.  
 Semifinals: Nov. 5 @ Plymouth State University, 6:30 & 8  
 p.m.  
 Finals: Nov. 7 @ Plymouth State University, 7 p.m.



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