

# The Laker

Volume 1, Issue 3

Wednesday, September 17, 2008

Page 1



The Sunapee volleyball team celebrates a point during the Lakers' home sweep of the Franklin Golden Tornadoes 3-0 Sept. 10 at the Sherburne Gym.

MARTY MCAULIFF Photo

## Rolling along

*The Sunapee volleyball team has cruised to a 5-0 start only losing one game this season*

By **JEFF MILLER**

Lake Sunapee Champion Sports

**SUNAPEE** - The return of its entire roster has allowed the Sunapee volleyball team to grow, get better, get more experience and win more matches.

The Lakers are off to their best start in a couple of seasons as they have breezed to five straight Division III victories to start the season.

Sunapee's most recent match was its toughest of the season as the Lakers were pushed to four games by the Newfound Bear Sept. 15 at the Sherburne Gym.

"Newfound pushed us tonight," Sunapee

co-coach Tom Reney said. "They played tough defense and served strong."

Sunapee won the match by scores of 25-12, 16-25, 25-18 and 25-12.

"We had a rough second game after a pretty decisive opening set," Reney said. "The girls played hard and didn't let up."

Sunapee opened up solid leads in games 1, 3 and 4 to get the victory. The Bears only had an answer for Sunapee's patient attack in game 2.

Senior Hannah Preston was 30-for-30 on getting her serve in with 10 aces. Senior Chloe Fleming led the Lakers with eight kills, while junior Olivia Richardson and senior Kristy

Antoniewicz added five each.

**Sunapee 3, Mascoma 0**

**WEST CANAAN, N.H.** - Sunapee had little trouble putting away the Mascoma Royals winning in straight sets Sept. 13 on the road.

"The girls played well today," Co-coach Tom Reney said. "Our defense is really coming together. The girls are communicating and moving. It's fun to watch."

The Lakers won by scores of 25-9, 25-17 and 25-13.

Up two games, Sunapee put the third set away early jumping out to a 6-0 lead.

Hannah Preston had another solid

**SEE ROLLING PAGE 4**



### Great time to paint...

Clarke's has **ACE Paint** and everything you'll need to get the job done and advice on how to do it!!

[www.clarkeshardware.com](http://www.clarkeshardware.com) • New London • 526-2800



## Sunapee Varsity Schedules

### Boys Soccer (3-0)

Coach: Jack Iacopino

Sept. 9 Nute **W 6-0**

Sept. 13 @ Pittsfield **W 4-3**

Sept. 15 @ Mount Zion **W 2-1**

Sept. 19 @ Hinsdale, 4:30 p.m.

Sept. 23 Concord Christian, 4:30 p.m.

Sept. 26 Wilton-Lyndeboro, 4:30 p.m.

Sept. 29 @ Portsmouth Christian,  
2:30 p.m.

Oct. 2 @ Derryfield, 4 p.m.

Oct. 4 Pittsfield, 3 p.m.

Oct. 6 @ Concord Christian, 4 p.m.

Oct. 8 Calvary Christian, 4 p.m.

Oct. 10 @ Nashua Christian, 4 p.m.

Oct. 14 Moultonborough, 4 p.m.

Oct. 17 Hinsdale, 4 p.m.

Oct. 20 @ Wilton-Lyndeboro, 4 p.m.

Oct. 23 Derryfield, 4 p.m.

### Girls Soccer (4-0)

Coach: Myles Cooney

Sept. 5 Calvary Christian **W 8-0**

Sept. 10 @ Newport **W 4-1**

Sept. 13 @ Pittsfield **W 4-0**

Sept. 15 @ Mount Zion **W 12-0**

Sept. 19 @ Hinsdale, 4:30 p.m.

Sept. 23 Newport, 4:30 p.m.

Sept. 26 Wilton-Lyndeboro, 4:30 p.m.

Sept. 29 @ Portsmouth Christian,  
4:30 p.m.

Oct. 2 @ Derryfield, 4 p.m.

Oct. 4 Pittsfield, 1 p.m.

Oct. 8 @ Calvary Christian, 4 p.m.

Oct. 10 @ Nashua Christian, 4 p.m.

Oct. 14 Moultonborough, 4 p.m.

Oct. 17 Hinsdale, 4 p.m.

Oct. 21 @ Wilton-Lyndeboro, 4 p.m.

Oct. 23 Derryfield, 4 p.m.

### Golf (5-5)

Coach: Michael Kennedy

Sept. 5 @ Belmont 1-1

Sept. 8 Inter-Lakes 1-1

Sept. 9 @ Hillsboro-Deering ppd.

Sept. 12 @ Winnisquam 1-1

Sept. 15 Derryfield 1-1

Sept. 17 @ Hopkinton 1-1

Sept. 19 @ Conant, 4 p.m.

Sept. 23 @ Derryfield, 4 p.m.

Sept. 24 @ Stevens, 3:30 p.m.

Sept. 25 @ Winnisquam, 3:30 p.m.

### Volleyball (5-0)

Coaches: Tom & Faith Roney

Sept. 8 Prospect Mountain **W 3-0**

Sept. 10 Franklin **W 3-0**

Sept. 12 @ Belmont **W 3-0**

Sept. 13 @ Mascoma **W 3-0**

Sept. 15 Newfound **W 3-1**

Sept. 19 Moultonborough, 6:30 p.m.

Sept. 22 @ Wilton-Lyndeboro,  
6:30 p.m.

Sept. 24 Pittsfield, 6:30 p.m.

Sept. 26 @ Newfound, 6:30 p.m.

Oct. 1 @ Pittsfield, 6:30 p.m.

Oct. 3 Inter-Lakes, 6:30 p.m.

Oct. 6 @ Prospect Mountain,  
6:30 p.m.

Oct. 8 @ Franklin, 6:30 p.m.

Oct. 10 Mascoma, 6:30 p.m.

Oct. 15 Belmont, 6:30 p.m.

Oct. 17 @ Moultonborough, 6:30 p.m.

Oct. 20 Wilton-Lyndeboro, 5 p.m.

Oct. 22 @ Inter-Lakes, 6:30 p.m.



**Molly Putchler**  
Girls Soccer

## Athletes of the Week



**Leo Kontoes**  
Boys Soccer

## Sunapee 4, Newport 1 - Sept. 10, 2008



Sunapee's Martha Howe gains possession against Newport's Kanesha Campbell Sept. 10 at Sichel Field. The Lakers won the game 4-1. Below, Sunapee's Connor Denney and Newport's Taryn Hubert race after a loose ball.

JEFF MILLER Photos



Family Owned & Operated For 45 Years  
[www.lavalleys.com](http://www.lavalleys.com)

Newport Claremont W. Lebanon N. Walpole  
863-1050 543-0123 298-5641 445-5544

Sunapee senior Chloe Fleming pushes the ball over the net against Franklin in a straight set win.

MARTY MCAULIFF Photo



**ROLLING FROM PAGE 1**

game serving going 30-for-30 with 11 aces. Chloe Fleming and Olivia Richardson paced the net game with four kills each.

**Sunapee 3, Belmont 0**

**BELMONT, N.H.** - Sunapee survived a marathon game one to win in straight sets at Belmont 3-0 Sept. 12.

“That was a fun match,” Co-coach Tom Roney said. “We served tough again tonight and our defense was strong.”

The Lakers won 29-27, 25-14 and 25-14.

The first game took its toll on the Red Raiders as they worked furiously to catch the Lakers 23-23 only to end up losing 29-27.

Sunapee jumped out to a quick lead in game two only to see the Red Raiders come back to tie the game at 13-13. With Olivia Richardson serving the Lakers scored eight straight points to cruise to the win 25-14.

The third game was tight until Hannah Preston rattled off eight straight points on her serve to erase a Belmont 11-9 lead

and propel the Lakers to a 25-14 win to decide the match.

Richardson led Sunapee’s net game with nine kills, while Preston was strong serving going 17-for-17.

“Our setters, Hannah and Kelsey (Hockenbury) did a good job moving the attack along the net, they really spread the sets around,” Roney said. “We had a big night at the net. It was great to see the girls blocking and hitting. Chloe (Fleming), Olivia and Allie (Tenney) hit balls really hard tonight.”

**Sunapee 3, Franklin 0**

**SUNAPEE** - Sunapee breezed to a straight set win over Franklin Sept. 10 at the Sherburne Gym.

The Lakers got solid around play, especially defensively.

Sunapee was led serving by Hannah Preston with five aces and Chloe Fleming with four. Maggie Hurd also had a good night serving, while Allison Tenney added nine kills.

**UNIVERSAL**  
PHYSICAL  
THERAPY  
863-3260

**PAINT N' PLACE SIGNS**  
Screen Printing & Embroidery  
449 SUNAPEE STREET NEWPORT, N.H. 03773  
603-863-5050 FAX 603-863-4739  
paintnplacesigns@yahoo.com

**CHAD HEMINGWAY SPORTS**  
TEAM UNIFORMS • JACKETS • EQUIPMENT  
NEWPORT, NH 603-863-5050  
paintnplacesigns@yahoo.com

Please forward story ideas to [sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com)

# Lakers are looking good

## *Sunapee girls soccer team races out to 4-0 start in Class S play*

By **JEFF MILLER**

Lake Sunapee Champion Sports

**NEWPORT** - The Sunapee Lakers survived an early deficit to beat Newport 4-1 Sept. 10 at Sichel Field.

"The game was very competitive," Sunapee girls soccer coach Myles Cooney said. "Gunter's girls have really improved and gave a good effort."

The meeting was the first-ever regular season contest between the two schools.

The Lakers are off to a quick 4-0 start, but their coach still sees plenty of room to grow.

"You want your kids to use the early games to get better," Cooney said. "We played well in spots against Newport and it was enough, but there are a lot of places we can improve."

The Tigers struck first getting a goal from Crystal Olivares with 30 minutes left in the first half.

It was Sunapee's first deficit of the season and the Lakers did not wait around too long to respond. Carolyn Stevens tied the game up taking a feed from Pernille Swensson just two minutes later to even the game at 1-1.

Linnea Circosta gave the Lakers the lead for good with an unassisted goal on a blast with 20 minutes left in the half.

Sunapee slowly started to control the midfield, but the scrappy Tigers continued to battle.

"There was a lot of even play in the middle of the field early in the second half," Cooney said. "We missed a couple of opportunities, but we continued to push forward."

Sunapee's persistence paid off in a pair

of second half goals to put the game away. Kathryn Milewski scored with 20 minutes left in the game on a goal set up by freshman Molly Putchler. Putchler worked the ball around a defender and then out-battled Newport's keeper for the loose ball, which she crossed to Milewski for the goal.

Erica Cain put the icing on Sunapee's cake with six minutes left in the contest sending in a bomb from 30 yards out to make the final score 4-1.

"In all it was a solid performance," Cooney said. "I still believe our best soccer is in front of us."

Stephanie Larpenter picked up the win making five saves. The Newport goalie tandem of Lindsay Nickerson and Taylor Chadwick played well for the Tigers.

### **Sunapee 4, Pittsfield 0**

**PITTSFIELD, N.H.** - Sunapee crashed Pittsfield's Homecoming party by shutting out the hosts 4-0 Sept. 13.

Molly Putchler continued her fine freshman season by tallying a hat trick.

"This is the best we've played all season," Cooney said. "Our marks were tight, our intensity was outstanding, our commitment to the 50/50 balls and air game was much better and our defender did a great job holding Pittsfield at bay."

Putchler scored both Sunapee goals in the first half. The first one came on a bang-bang play with a pass from Kathryn Milewski with 18 minutes left. Putchler added an unassisted goal six minutes later to push the score to 2-0. It stayed that way until the half as goalie Steph Larpenter and the defense thwarted several Pittsfield scoring opportuni-

ties.

Pernille Swensson sent a beautiful through ball to Putchler 11 minutes into the second half and the freshman deposited it in the net for her third goal of the day. Swensson got into the goal scoring act as she orchestrated a nifty give-and-go with freshman Martha Howe in the 73rd minute to make the final score 4-0.

Stephanie Larpenter made 11 saves to preserve the shutout in a game which was much closer than the final score.

"Pittsfield held a lot of possession time and we simply kept coming with a gritty performance from many defensive players," Cooney said. "Without the defensive effort the game might have been a tie."

Sunapee fired 16 shots on the Pittsfield goal.

"Our offense was very opportunistic," Cooney said.

### **Sunapee 12, Mount Zion 0**

**BEDFORD, N.H.** - Molly Putchler notched her second consecutive hat trick to lead Sunapee over Mount Zion 12-0 Sept. 15.

"We took control early and never looked back," Cooney said.

Sunapee also got a pair of goals from Kathryn Milewski and single goals from Erica Cain, Linnea Circosta, Mariah Krause, Pernille Swensson, Alison Fazio, Connor Denney and Monica Preston.

For Fazio and Denney they were their first-ever varsity goals.

Stephanie Larpenter made four saves in net to earn her third shutout in four games.

Discover the advantage of green banking

LAKE SUNAPEE BANK fsb

www.lakesunbank.com

the advantage of leadership

## Sunapee Roundup

### BOYS SOCCER

#### Sunapee 2, Mount Zion 1

**BEDFORD, N.H.** - The Sunapee Lakers remained unbeaten with a hard-fought win at Mount Zion 2-1 Sept. 15.

"We packed plenty of offense," Sunapee boys soccer coach Jack Iacopino said. "We outshot them 15-6, but their keeper played well."

Eric Nelson had a goal and an assist to lead the Lakers. Nelson (from Phil Parsons) headed in a goal 11 minutes into the first half.

Kyle Poirier answered for Mount Zion on a direct kick to tie the game 1-1.

Nelson set up Leo Kontoes on the game winner halfway through the second half to give the Lakers a win.

Robbie Titus made four saves, while Shaun Carroll made two splitting time in goal for the Lakers.

#### Sunapee 4, Pittsfield 3

**PITTSFIELD, N.H.** - Brian Brewster scored on a break-away six minutes into overtime to give the Sunapee Lakers a win at Pittsfield 4-3 Sept. 13.

"This was a wild one," Sunapee boys soccer coach Jack Iacopino said. "Both teams can hold their heads high they played tough for 86 minutes. It could have gone either way and we were very fortunate to get out of there with the W."

Brewster slipped one past the Pittsfield keeper on the near side to score his first varsity goal.

The game was back-and-forth all day. Sunapee's Phil Parsons converted a penalty kick with a minute left in the first half to send the Lakers into the break with a 1-0 lead.

Leo Kontoes pushed Sunapee's lead to 2-0 with an unassisted goal 13 minutes into the second half.

The Panthers came right back to score a pair of goals to even the game 2-2. Mike Adams scored an unassisted goal at 55:18 and Nick Tuttle converted a penalty kick two minutes later.

The whistle kept blowing as Parsons converted his second penalty kick of the game with nine minutes left after Brewster was tackled from behind in the penalty area.

With just over six minutes left in the contest, Tuttle won a battle near the goal line and headed in the game-tying goal.

#### Sunapee 6, Nute 0

**SUNAPEE** - The Sunapee Lakers finally played their first game of the season and they opened in fine fashion as they



PAUL HOWE Photo

Sunapee goalie Shaun Carroll makes a save against Nute.

shut out the Nute Rams 6-0 at home Sept. 11.

Leo Kontoes found the back of the net four times to lead Sunapee's offense. Three goals came in the first half as the Lakers built a 4-0 lead.

Kontoes (unassisted) at 13:58 and (from Eric Nelson) at 16:58 gave Sunapee a 2-0 lead. After Dean Gioldassis added an unassisted goal at 25:54, Kontoes took a feed from Silas Eldredge at 39:20 to send Sunapee into the break with a 4-0 lead.

Kontoes (from Brian Parsons) at 43:20 and Phil Parsons (from Brian Brewster) at 71:30 closed out the 6-0 win for the Lakers.

Shaun Carroll (two saves) and Robbie Titus (one save)

**SEE ROUNDUP PAGE 8**

McCrillis & Eldredge  
INSURANCE, INC.  
Newport New London  
863-3636 526-4741

To contact the Lake Sunapee Champion:  
e-mail  
[sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com)  
or  
call 558-0819

Sugar River Bank  
Your Hometown Bank  
Est. 1895  
Member FDIC

## Sunapee JVSchedules

### Boys JV Soccer

Coach: Chuck Weinstein

Sept. 3 @ Moultonboro, 4:30 p.m.

Sept. 11 @ Newport, 5:30 p.m.

Sept. 22 Rivendell, 4:30 p.m.

Sept. 25 Moultonboro, 4:30 p.m.

Oct. 3 @ Newport, 5:30 p.m.

Oct. 16 Hopkinton, 4:30 p.m.

### Girls JV Soccer

Coach: Tim LaTorra

Sept. 3 @ Moultonboro, 4:30 p.m.

Sept. 5 @ Rivendell, 4 p.m.

Sept. 10 Derryfield, 4 p.m.

Sept. 12 @ Pittsfield, 3:30 p.m.

Sept. 17 John Stark, 4:30 p.m.

Sept. 19 @ Fall Mountain, 4 p.m.

Sept. 22 Rivendell, 4:30 p.m.

Sept. 25 Moultonboro, 4:30 p.m.

Oct. 1 @ Stevens, 3:30 p.m.

Oct. 9 @ John Stark, 4:30 p.m.

Oct. 10 Fall Mountain, 4 p.m.

Oct. 14 @ Derryfield, 4 p.m.

Oct. 16 Hopkinton, 4:30 p.m.

Oct. 21 @ Stevens, 3:30 p.m.

### Girls JV Volleyball

Coaches: Tom & Faith Reney

Sept. 8 Prospect Mountain, 5 p.m.

Sept. 10 Franklin, 5 p.m.

Sept. 12 @ Belmont, 5 p.m.

Sept. 13 @ Mascoma, 5 p.m.

Sept. 15 Newfound, 5 p.m.

Sept. 19 Moultonborough, 5 p.m.

Sept. 22 @ Wilton-Lyndeboro, 5 p.m.

Sept. 24 Pittsfield, 5 p.m.

Sept. 26 @ Newfound, 5 p.m.

Sept. 29 Laconia Christian, 7 p.m.

Oct. 1 @ Pittsfield, 5 p.m.

Oct. 3 Inter-Lakes, 5 p.m.

Oct. 6 @ Prospect Mountain, 5 p.m.

Oct. 8 @ Franklin, 5 p.m.

Oct. 10 Mascoma, 5 p.m.

Oct. 13 @ Laconia Christian, 6 p.m.

Oct. 15 Belmont, 5 p.m.

Oct. 17 @ Moultonborough, 5 p.m.

Oct. 22 @ Inter-Lakes, 5 p.m.

## Upcoming Week

Friday, Sept. 19

### Boys Soccer

Sunapee @ Hinsdale, 4:30 p.m.

### Girls Soccer

Sunapee @ Hinsdale, 4:30 p.m.

### Golf

Sunapee @ Conant, 4 p.m.

### Volleyball

Moultonborough @ Sunapee, 6:30 p.m.

### Girls JV Soccer

Sunapee @ Fall Mountain, 4 p.m.

### JV Volleyball

Moultonborough @ Sunapee, 5 p.m.

Monday, Sept. 22

### Volleyball

Sunapee @ Wilton-Lyndeborough, 6:30 p.m.

### Boys JV Soccer

Rivendell @ Sunapee, 4:30 p.m.

### Girls JV Soccer

Rivendell @ Sunapee, 4:30 p.m.

### Girls JV Volleyball

Sunapee @ Wilton-Lyndeborough, 5 p.m.

Tuesday, Sept. 23

### Boys Soccer

Concord Christian @ Sunapee, 4:30 p.m.

### Girls Soccer

Newport @ Sunapee, 4:30 p.m.

### Golf

Sunapee @ Derryfield, 4 p.m.

Wednesday, Sept. 24

### Golf

Sunapee @ Stevens, 3:30 p.m.

### Volleyball

Pittsfield @ Sunapee, 6:30 p.m.

### JV Volleyball

Pittsfield @ Sunapee, 5 p.m.



## Family Outfitters

Clothing • Footwear • Outerwear  
Newport • Claremont • New London • Woodsville  
Lebanon • Peterborough • [www.hubertstores.com](http://www.hubertstores.com)

**ROUNDUP FROM PAGE 6**

shared goal keeping duties for the Lakers.

"Our defense played very well only allowing three shots on goal all game," Sunapee boys soccer coach Jack Iacopino said.

**GOLF****Hillsboro-Deering 206, Sunapee 216, Newmarket 217**

**HILLSBORO, N.H.** - Sunapee lost to the host Hillsboro-Deering Hillcats and edged the Newmarket Mules at Angus Lea Golf Course Sept. 16 in Hillsboro.

The split pushes Sunapee's season record to a solid 4-4. The Hillcats carded a 206 to pick up victories over the Lakers with a 216 and the Mules with a 217.

Hillsboro-Deering's Shelby Wheeler was the medalist with a 34.

Sunapee continues to get consistent play from top-to-bottom. Ethan Page and Nate Wirta each shot a 41, followed by Alex Elder with a 42 and Steven Curt and Brett Simpson each with a 46.

**Derryfield 216, Sunapee 239, Stevens 260**

**NEW LONDON** - The Sunapee Lakers improved to 3-3 by splitting a home match with Derryfield and Stevens at the Lake Sunapee Country Club Sept. 15.

"I was thrilled with our team score," Sunapee golf coach Mike Kennedy said.

Derryfield won with a 216 followed by the Lakers with a 239 and Stevens with a 260.

Ethan Page led the Lakers with a 45, followed by Steven Curt with a 46, Alex Elder with a 48 and Nate Wirta and Jeremy Walla each with a 50.

**JV VOLLEYBALL****Newfound 3, Sunapee 0**

**SUNAPEE** - The Sunapee junior varsity volleyball team lost to a strong Newfound team in straight sets, 25-17, 25-5 and 18-16 Sept. 15 at the Sherburne Gym.

Seventh-grader Katey Fowler was tough at the net for the Lakers.

**Mascoma 2, Sunapee 1**

**WEST CANAAN, N.H.** - Sunapee fell to the Mascoma Royals 2-1 on the road Sept. 13.

The Royals won 25-19, 25-9 and 12-15.

Alisha Famiglietti had a big first game for Sunapee with five service aces.

**Belmont 2, Sunapee 1**

**BELMONT, N.H.** - The young Sunapee junior varsity vol-



JEFF MILLER Photo

Sunapee's Erica Cain works the ball up field at Newport.

leyball squad played well in a loss at Belmont Sept. 12.

The Red Raiders won by scores of 25-19, 25-16 and 9-15.

Katey Fowler and Asha Clark had solid nights for Sunapee.

**Franklin 2, Sunapee 1**

**SUNAPEE** - The Sunapee junior varsity volleyball team lost a tough battle with Franklin 2 games to 1 Sept. 10.

The Golden Tornadoes took the victory 27-25, 24-26 and 15-13.

Laura Carvalho and Katey Fowler both served well for Sunapee.

**MJ HARRINGTON**  
Jewelers & Designers  
since 1948 & Co.

Newport 863-1662  
Claremont 542-4443

