

# The Laker

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## Out of the rough



Sunapee freshman Cam Manson plays a ball back into the fairway at the Country Club of New Hampshire Sept. 17. The Lakers have had a fine season which will fall just short of qualifying for the state tourney.

PAUL HOWE Photo

# Revisiting the past

*Sunapee and Moultonborough volleyball battle brings back old memories*

By **JEFF MILLER**

Lake Sunapee Champion Sports

**SUNAPEE** - The Sunapee volleyball team answered a huge question. The Lakers didn't beat perennial Division III power and nemesis Moultonborough, but showed they can give just as good as they get in a very entertaining four-game match against the Panthers Sept. 19 at the Sherburne

Gym.

"This was a big test for us," Sunapee co-coach Tom Reney said. "We hung in there with them. It really is a maturity thing with us this year."

The Panthers, coached by N.H. volleyball pioneer John Garneau, beat the Lakers 22-25, 25-17, 25-20 and 25-9. The match was decided in a classic game three where Moultonborough came from behind to win a game Sunapee had in

control.

"This was like Moultonborough-Sunapee from years past," Garneau said. "It was a fight until the end."

Garneau and retired Sunapee coach Dave Barry were two of the original coaches when volleyball was first introduced as a sport in the Granite State in the 1970s. Garneau coached a Belmont until the early 1990s before moving on to

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## Sunapee Varsity Schedules

### Boys Soccer (5-0)

Coach: Jack Iacopino

Sept. 9 Nute **W 6-0**

Sept. 13 @ Pittsfield **W 4-3**

Sept. 15 @ Mount Zion **W 2-1**

Sept. 19 @ Hinsdale **W 2-1**

Sept. 23 Concord Christian **W 6-0**

Sept. 26 Wilton-Lyndeboro, 4:30 p.m.

Sept. 29 @ Portsmouth Christian,  
2:30 p.m.

Oct. 2 @ Derryfield, 4 p.m.

Oct. 4 Pittsfield, 3 p.m.

Oct. 6 @ Concord Christian, 4 p.m.

Oct. 8 Calvary Christian, 4 p.m.

Oct. 10 @ Nashua Christian, 4 p.m.

Oct. 14 Moultonborough, 4 p.m.

Oct. 17 Hinsdale, 4 p.m.

Oct. 20 @ Wilton-Lyndeboro, 4 p.m.

Oct. 23 Derryfield, 4 p.m.

### Girls Soccer (6-0)

Coach: Myles Cooney

Sept. 5 Calvary Christian **W 8-0**

Sept. 10 @ Newport **W 4-1**

Sept. 13 @ Pittsfield **W 4-0**

Sept. 15 @ Mount Zion **W 12-0**

Sept. 19 @ Hinsdale **W 7-0**

Sept. 23 Newport **W 2-1**

Sept. 26 Wilton-Lyndeboro, 4:30 p.m.

Sept. 29 @ Portsmouth Christian,  
4:30 p.m.

Oct. 2 @ Derryfield, 4 p.m.

Oct. 4 Pittsfield, 1 p.m.

Oct. 8 @ Calvary Christian, 4 p.m.

Oct. 10 @ Nashua Christian, 4 p.m.

Oct. 14 Moultonborough, 4 p.m.

Oct. 17 Hinsdale, 4 p.m.

Oct. 21 @ Wilton-Lyndeboro, 4 p.m.

Oct. 23 Derryfield, 4 p.m.

### Golf (7-10)

Coach: Michael Kennedy

Sept. 5 @ Belmont 1-1

Sept. 8 Inter-Lakes 1-1

Sept. 9 @ Hillsboro-Deering 1-1

Sept. 12 @ Winnisquam 1-1

Sept. 15 Derryfield 1-1

Sept. 17 @ Hopkinton 1-1

Sept. 19 @ Conant 1-1

Sept. 23 @ Derryfield 0-2

Sept. 24 @ Stevens 0-1

Sept. 25 @ Winnisquam, 3:30 p.m.

### Volleyball (6-1)

Coaches: Tom & Faith Remy

Sept. 8 Prospect Mountain **W 3-0**

Sept. 10 Franklin **W 3-0**

Sept. 12 @ Belmont **W 3-0**

Sept. 13 @ Mascoma **W 3-0**

Sept. 15 Newfound **W 3-1**

Sept. 19 Moultonborough L 3-1

Sept. 22 @ Wilton-Lyndeboro **W 3-0**

Sept. 24 Pittsfield, 6:30 p.m.

Sept. 26 @ Newfound, 6:30 p.m.

Oct. 1 @ Pittsfield, 6:30 p.m.

Oct. 3 Inter-Lakes, 6:30 p.m.

Oct. 6 @ Prospect Mountain,  
6:30 p.m.

Oct. 8 @ Franklin, 6:30 p.m.

Oct. 10 Mascoma, 6:30 p.m.

Oct. 15 Belmont, 6:30 p.m.

Oct. 17 @ Moultonborough, 6:30 p.m.

Oct. 20 Wilton-Lyndeboro, 5 p.m.

Oct. 22 @ Inter-Lakes, 6:30 p.m.

## Athletes of the Week



**Steven Curt**  
Golf



**Chloe Fleming**  
Volleyball

## *Sunapee golf team at CC of NH - Sept. 17*



Sunapee's Alex Elder lets a ball fly at the Country Club of NH Sept. 17. The Lakers lost to Hopkinton, but beat Wilton-Lyndeboro. Left, Sunapee's Nate Wirta lines up a putt.

PAUL HOWE PHOTOS Photos

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Plymouth State and eventually landing at Moultonborough. The two teams have met in the state title match five times over the past 12 years.

"This team is like a Sunapee team of old," Garneau said. "They're patient and wait for you to make a mistake. I want to give them credit for their defense, they were digging things up like you wouldn't believe."

The first game went back and forth until a key serving stretch late by Maggie Hurd (13-for-13 serving, 3 aces, 10 digs) went on a six straight point serving run with a pair of aces to give Sunapee a 23-20 lead. The Lakers closed out game one 25-22 and were looking good heading into the pivotal second game.

"I think we learned a lot about playing tentatively," coach Reney said. "The difference of playing to win instead of playing not to lose."

The second game was all Panthers 25-17 behind the serving of back-up libero Brittany Mahoney and the net play of Jenna Calzada and Emily Burke. Mahoney was playing in place of Tawnya Calzada, who was not playing due to illness.

"She did a great job filling in tonight," Garneau said. "Kids have to step up during a long season."

Game three decided the match. The Lakers appeared in control and held several five point leads including 18-13, but the Panthers stormed back late to go up a game and steal the momentum.

"Momentum is always the key in volleyball," Garneau said. "Once you've got it, you've got to keep it."



JEFF MILLER Photo

**Sunapee coach Tom Reney talks to his team against Moultonborough.**

The Panthers closed to 18-16 on successive kills by Morgan Diltz and Allie Wexler. The Lakers answered with Olivia Richardson (6 kills) serving and getting a Chloe Fleming (5 kills, 9 digs) kill and then an ace before a net ball gave the serve back to Moultonborough.

Sunapee didn't get to serve again in game three as Wexler served eight straight points to close out the game 25-20.

The Lakers hung around early in game four, but they had lost their steam and Moultonborough rolled behind the serving of Wexler. This time the senior captain went on a 17-point run, which included four aces and three kills by another senior captain Liz Veracka.

Sunapee co-coaches Tom and Faith Reney were not displeased with their team's performance.

"We served well and played tough defense," Tom Reney said. "We still haven't learned to play with that killer instinct. When we trust ourselves we

play fine."

Sunapee also had a fine effort from Hannah Preston who was 15-for-15 serving with a pair of aces.

### **Sunapee 3, Wilton-Lyndeborough 0**

**WILTON, N.H.** - The Lakers bounced back from their first loss of the season to beat Wilton-Lyndeborough in straight sets 25-12, 25-15 and 25-12 Sept. 22 on the road.

Allison Tenney (6 kills) and Chloe Fleming (5 kills) led the hitting attack, while Hannah Preston (27-for-28 with 14 aces) led the serving attack.

Sunapee improves to 7-1 with the win.

The Sunapee junior varsity squad played well at Wilton-Lyndeborough before falling 2-1. The Lakers won game one 25-17 and then lost games two 13-25 and three 12-15.

Asha Clark had a big night at the net with five kills.



**Please forward story ideas to  
sports@lakesunapeechampion.com**

## Sunapee Roundup

### BOYS SOCCER

#### Sunapee 6, Concord Christian 0

**SUNAPEE** - The Sunapee boys soccer team moved to 5-0 with a thumping of Concord Christian 6-0 Sept. 23 at home.

Leo Kontoes and Eric Nelson led Sunapee scoring charge with two goals each in the first half.

Kontoes picked up the hat trick with a second half goal plus he added a pair of assists. Silas Eldredge added the final goal and Phil Parsons, Dean Gioldassis and Nelson added helpers for Sunapee.

Shaun Carroll and Erik Skarin were outstanding on defense in front of goalie Robbie Titus, who stopped a Kingsmen penalty kick to preserve the shutout.

Sunapee will battle Wilton-Lyndeborough Friday.

"This rivalry has grown over the years and promises to be an intense game," Sunapee boys soccer coach Jack Iacopino said.

#### Sunapee 2, Hinsdale 1

**HINSDALE, N.H.** - The Sunapee Lakers remained unbeaten with a tough win at Hinsdale 2-1 Sept. 19.

Leo Kontoes scored both goals for Sunapee in the first half. The first tally came three minutes into the game on a pass from Brian Brewster and the second was unassisted at the midway mark.

"We controlled play, but Hinsdale was tough," Sunapee boys soccer coach Jack Iacopino said.

Hinsdale's Larry Gilmet got the Pacers within breathing room with a second half goal, but the Lakers defense stood tall for the win.

### GIRLS SOCCER

#### Sunapee 2, Newport 1

**SUNAPEE** - Sunapee withstood a stiff challenge from Newport to remain unbeaten.

The Lakers scored late in the second overtime to push their record to 6-0. Pernille Swensson sent a through ball to Kathryn Milewski for the goal.

"We had a slow start and paid for it the entire game," Sunapee girls soccer coach Myles Cooney said. "I thought Newport took their game to us and we didn't respond well. We lost a majority of the 50-50 balls and never seemed to get much momentum."

Newport's Taryn Hubert put the Tigers on the board 12



PAUL HOWE Photo

Sunapee's Brett Simpson chips a ball at CC of NH Sept. 17.

minutes into the game.

Sunapee answered 45 seconds into the second half as Milewski fed Swensson for the game-tying goal.

"It didn't take long to figure out this one was going down to the wire," Cooney said. "We didn't panic and got it done in the last minutes."

Sunapee led in shots on goal 20-9. Stephanie Larpenner made eight saves for the Lakers.

#### Sunapee 6, Hinsdale 0

**HINSDALE, N.H.** - Freshman Molly Putchler scored four times (her third consecutive hat trick) to lead Sunapee over Hinsdale 6-0 Sept. 19.

"I am pleased with our progress so far," Sunapee girls soc-

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**ROUNDUP FROM PAGE 5**

cer coach Myles Cooney said. "The offense has been nice, but we are also taking care of business in our own end. Meghan Lang, Mandy Mathiesen, Ali Fazio, Carolyn Stevens and Liza Bourdon have done a nice job holding down opponents."

Putchler (from Mariah Krause) 18 minutes into the game was the only goal of the first half.

Putchler picked up the next three goals with assists from Pernille Swensson and Linnea Circosta. The Lakers added late goals by Connor Denney (from Swensson) and Krause (from Meghan Lang).

Stephanie Larpenster picked up her fourth shutout in five games.

**GOLF****Derryfield 205, Sunapee 268, Wilton-Lyndeborough 300**

**MANCHESTER, N.H.** - The Sunapee Lakers earned a split falling to Derryfield School and beating Wilton-Lyndeborough at Candia Woods Golf Club Sept. 23.

The host Cougars carded a spectacular 205 to beat the Lakers with a 268. The Warriors finished last with a 300.

Jeremy Walla led the Lakers with a 50, followed by Nate Wirta with a 53, Steven Curt with a 54, Cam Manson with a 55 and Alex Elder with a 56.

Sunapee is now 7-9.

**Mascenic 207, Winnisquam 247, Sunapee 266**

**TILTON, N.H.** - The Sunapee Lakers lost a pair of matches at Lochmere Country Club Sept. 22.

The defending champion Mascenic Vikings took first with 207 points, followed by Winnisquam with 247 and Sunapee with 266.

Nate Wirta led the Lakers with a 48, followed by Jeremy Walla with a 52, Brett Simpson with a 53, Steven Curt with a 54 and Garrett Longtin with a 59.

The Lakers are now 6-8 on the season.

**Conant 226, Sunapee 268, Winnisquam 300**

**JAFFREY, N.H.** - The Sunapee golf team continued its promising season with a solid outing at The Shattuck Sept. 19.



PAUL HOWE Photo

**Sunapee's Steve Curt watches his drive at CC of NH Sept. 17.**

The host Conant Orioles came out on top with a 226, followed by the Lakers with a 268 and Winnisquam with a 300.

"The Shattuck is an extremely difficult course," Sunapee golf coach Mike Kennedy said. "I am really pleased with our team score."

Jeremy Walla paced Sunapee with a 50, followed by Steven Curt and Ethan Page each with a 51 and Alex Elder and Brett Simpson each with a 50.

Conant's Blake Hannu was the medalist with a 43.

**Hopkinton 240, Sunapee 258, Wilton-Lyndeborough 279**

**NORTH SUTTON** - Sunapee beat Wilton-Lyndeborough, but fell to Hopkinton at a three-team golf match at the Country Club of New Hampshire Sept. 17.

Freshman Brett Simpson led the Lakers with a 46, followed by freshman Cam Manson with a 51, Steven Curt with a 52, Nate Wirta with a 53 and Ethan Page with a 56.

Hopkinton's Colin Barnea was the medalist with a 40.



**To contact the Lake Sunapee Champion:  
e-mail [sports@lakesunapeechampion.com](mailto:sports@lakesunapeechampion.com)**

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# Sunapee JV Schedules

## Boys JV Soccer

Oct. 21 @ Stevens, 3:30 p.m.

Coach: Chuck Weinstein

Sept. 3 @ Moultonboro, 4:30 p.m.

Sept. 11 @ Newport, 5:30 p.m.

Sept. 22 Rivendell, 4:30 p.m.

Sept. 25 Moultonboro, 4:30 p.m.

Oct. 3 @ Newport, 5:30 p.m.

Oct. 16 Hopkinton, 4:30 p.m.

## Girls JV Soccer

Coach: Tim LaTorra

Sept. 3 @ Moultonboro, 4:30 p.m.

Sept. 5 @ Rivendell, 4 p.m.

Sept. 10 Derryfield, 4 p.m.

Sept. 12 @ Pittsfield, 3:30 p.m.

Sept. 17 John Stark, 4:30 p.m.

Sept. 19 @ Fall Mountain, 4 p.m.

Sept. 22 Rivendell, 4:30 p.m.

Sept. 25 Moultonboro, 4:30 p.m.

Oct. 1 @ Stevens, 3:30 p.m.

Oct. 9 @ John Stark, 4:30 p.m.

Oct. 10 Fall Mountain, 4 p.m.

Oct. 14 @ Derryfield, 4 p.m.

Oct. 16 Hopkinton, 4:30 p.m.

## Girls JV Volleyball

Coaches: Tom & Faith Reney

Sept. 8 Prospect Mountain, 5 p.m.

Sept. 10 Franklin, 5 p.m.

Sept. 12 @ Belmont, 5 p.m.

Sept. 13 @ Mascoma, 5 p.m.

Sept. 15 Newfound, 5 p.m.

Sept. 19 Moultonborough, 5 p.m.

Sept. 22 @ Wilton-Lyndeboro, 5p.m.

Sept. 24 Pittsfield, 5 p.m.

Sept. 26 @ Newfound, 5 p.m.

Sept. 29 Laconia Christian, 7 p.m.

Oct. 1 @ Pittsfield, 5 p.m.

Oct. 3 Inter-Lakes, 5 p.m.

Oct. 6 @ Prospect Mountain, 5 p.m.

Oct. 8 @ Franklin, 5 p.m.

Oct. 10 Mascoma, 5 p.m.

Oct. 13 @ Laconia Christian, 6 p.m.

Oct. 15 Belmont, 5 p.m.

Oct. 17 @ Moultonborough, 5 p.m.

Oct. 22 @ Inter-Lakes, 5 p.m.

## Upcoming Week Thursday, Sept. 25

### Golf

Sunapee @ Winnisquam, 4 p.m.

### JV Boys Soccer

Moultonboro @ Sunapee, 4:30 p.m.

### JV Girls Soccer

Moultonboro @ Sunapee, 4:30 p.m.

## Friday, Sept. 26

### Boys Soccer

Wilton-Lyndeboro @ Sunapee, 4:30 p.m.

### Girls Soccer

Wilton-Lyndeboro @ Sunapee, 4:30 p.m.

### Volleyball

Sunapee @ Newfound, 6:30 p.m.

### JV Volleyball

Sunapee @ Newfound, 5 p.m.

## Tuesday, Sept. 29

### Boys Soccer

Sunapee @ Portsmouth Christian, 4:30 p.m.

### Girls Soccer

Sunapee @ Portsmouth Christian, 4:30 p.m.

## Wednesday, Oct. 1

### Volleyball

Sunapee @ Pittsfield, 6:30 p.m.

### JV Volleyball

Sunapee @ Pittsfield, 5 p.m.

### JV Girls Soccer

Sunapee @ Stevens, 3:30 p.m.

## Thursday, Oct. 2

### Boys Soccer

Sunapee @ Derryfield, 4 p.m.

### Girls Soccer

Sunapee @ Derryfield, 4 p.m.

## Friday, Oct. 3

### Volleyball

Inter-Lakes @ Sunapee, 6:30 p.m.

### JV Volleyball

Inter-Lakes @ Sunapee, 5 p.m.

### JV Boys Soccer

Sunapee @ Newport, 5:30 p.m.



# Fall Tournament Dates

## CROSS COUNTRY

Oct. 25 Class Meets @ Derryfield Park (Manchester)  
 Nov. 1 Meet of Champions @ Nashua South  
 Nov. 8 New Englands @ Derryfield Park (Manchester)

## FIELD HOCKEY

### Class M-S

Prelims: Oct. 22 @ home of higher seed, 3:30 p.m.  
 Quarters: Oct. 25 @ home of higher seed, 2 p.m.  
 Semifinals: Oct. 29 @ Bedford, 5 & 7 p.m.  
 Finals: Nov. 2 @ Bedford, noon

### Class I

Prelims: Oct. 23 @ home of higher seed, 3:30 p.m.  
 Quarters: Oct. 26 @ home of higher seed, 3:30 p.m.  
 Semifinals: Oct. 30 @ Bedford, 5 & 7 p.m.  
 Finals: Nov. 2 @ Bedford, 2:30 p.m.

## FOOTBALL

### Division V

Semifinals: Nov. 15 @ home of higher seed, 1 p.m.  
 Finals: Nov. 22 @ home of higher seed, 1 p.m.

### Division VI

Semifinals: Nov. 15 @ home of higher seed, 1 p.m.  
 Finals: Nov. 22 @ home of higher seed, 1 p.m.

## BOYS SOCCER

### Class S

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Robbie Mills Field in Laconia,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Robbie Mills Field in Laconia, 3 p.m.

### Class M

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Merrimack Valley, 4 & 6 p.m.  
 Finals: Nov. 8 @ Merrimack Valley, 3 p.m.

### Class I

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Stellos Stadium in Nashua,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Stellos Stadium in Nashua, 3 p.m.

## GIRLS SOCCER

### Class S

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Robbie Mills Field in Laconia,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Robbie Mills Field in Laconia, 1 p.m.

### Class M

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Merrimack Valley, 4 & 6 p.m.  
 Finals: Nov. 8 @ Merrimack Valley, 1 p.m.

### Class I

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Stellos Stadium in Nashua,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Stellos Stadium in Nashua, 1 p.m.

## SPIRIT

Nov. 9 State Meet @ Southern N.H. University in  
 Manchester, TBA

## VOLLEYBALL

### Division III

Prelims: Oct. 30 @ home of higher seed, 6 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 6 p.m.  
 Semifinals: Nov. 5 @ Plymouth State University, 6:30 & 8  
 p.m.  
 Finals: Nov. 7 @ Plymouth State University, 7 p.m.



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