

# The Laker

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PAUL HOWE Photo

Sunapee's Eric Nelson is a center midfielder on this year's Sunapee boys soccer team. The Lakers have opened the season playing solid soccer.

## Exceeding expectations

*Sunapee boys soccer team is off to quick start in Class S this season*

By **JEFF MILLER**

Lake Sunapee Champion Sports

**SUNAPEE** - Things are falling into place for the Sunapee boys soccer team to have a standout season.

It is not completely unexpected. The Lakers are used to being the Class S chase late into the autumn season.

"We like to go into every game thinking we can win," Sunapee senior captain Eric Nelson said. "We compete all the time and every year our goal is to make it to the finals."

The Lakers rarely look ahead preferring to just play the next game on their schedule.

"We usually just go game by game," Sunapee senior captain Phil Parsons said. "We like to focus on the immediate game."

Sunapee, who is off to a 5-0 start, was gearing up for a physical battle against Wilton-Lyndeboro. The Warriors are 6-2 to start the season and the two schools have developed quite an intense rivalry the past four or five years. The game was scheduled for Sept. 26 at Sunapee, but the heavy rain on Friday forced the game to be postponed until a later date.

"The whole team was pumped for this one," Parsons said. "We look forward to games like this against teams like Wilton."

Sunapee was expected to be a tournament team this year, but graduation took away a lot

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# Sunapee Varsity Schedules

## Boys Soccer (5-1)

Coach: Jack Iacopino

Sept. 9 Nute **W 6-0**

Sept. 13 @ Pittsfield **W 4-3**

Sept. 15 @ Mount Zion **W 2-1**

Sept. 19 @ Hinsdale **W 2-1**

Sept. 23 Concord Christian **W 6-0**

Sept. 26 Wilton-Lyndeboro ppd.

Oct. 2 @ Derryfield L 2-1

Oct. 4 Pittsfield, 3 p.m.

Oct. 6 @ Concord Christian, 4 p.m.

Oct. 8 Calvary Christian, 4 p.m.

Oct. 10 @ Nashua Christian, 4 p.m.

Oct. 14 Moultonborough, 4 p.m.

Oct. 16 @ Portsmouth Christ.,

2:30 p.m.

Oct. 17 Hinsdale, 4 p.m.

Oct. 20 @ Wilton-Lyndeboro, 4 p.m.

Oct. 23 Derryfield, 4 p.m.

## Girls Soccer (6-1)

Coach: Myles Cooney

Sept. 5 Calvary Christian **W 8-0**

Sept. 10 @ Newport **W 4-1**

Sept. 13 @ Pittsfield **W 4-0**

Sept. 15 @ Mount Zion **W 12-0**

Sept. 19 @ Hinsdale **W 7-0**

Sept. 23 Newport **W 2-1**

Sept. 26 Wilton-Lyndeboro ppd.

Oct. 2 @ Derryfield L 4-0

Oct. 4 Pittsfield, 1 p.m.

Oct. 8 @ Calvary Christian, 4 p.m.

Oct. 10 @ Nashua Christian, 4 p.m.

Oct. 14 Moultonborough, 4 p.m.

Oct. 16 @ Portsmouth Christian,  
4:30 p.m.

Oct. 17 Hinsdale, 4 p.m.

Oct. 21 @ Wilton-Lyndeboro, 4 p.m.

Oct. 23 Derryfield, 4 p.m.

## Golf (9-11)

Coach: Michael Kennedy

Sept. 5 @ Belmont 1-1

Sept. 8 Inter-Lakes 1-1

Sept. 9 @ Hillsboro-Deering 1-1

Sept. 12 @ Winnisquam 1-1

Sept. 15 Derryfield 1-1

Sept. 17 @ Hopkinton 1-1

Sept. 19 @ Conant 1-1

Sept. 23 @ Derryfield 0-2

Sept. 24 @ Stevens 0-2

Sept. 25 @ Winnisquam 2-0

## Volleyball (9-1)

Coaches: Tom & Faith Reney

Sept. 8 Prospect Mountain **W 3-0**

Sept. 10 Franklin **W 3-0**

Sept. 12 @ Belmont **W 3-0**

Sept. 13 @ Mascoma **W 3-0**

Sept. 15 Newfound **W 3-1**

Sept. 19 Moultonborough L 3-1

Sept. 22 @ Wilton-Lyndeboro **W 3-0**

Sept. 24 Pittsfield **W 3-0**

Sept. 26 @ Newfound **W 3-0**

Oct. 1 @ Pittsfield **W 3-0**

Oct. 3 Inter-Lakes, 6:30 p.m.

Oct. 6 @ Prospect Mountain,  
6:30 p.m.

Oct. 8 @ Franklin, 6:30 p.m.

Oct. 10 Mascoma, 6:30 p.m.

Oct. 15 Belmont, 6:30 p.m.

Oct. 17 @ Moultonborough, 6:30 p.m.

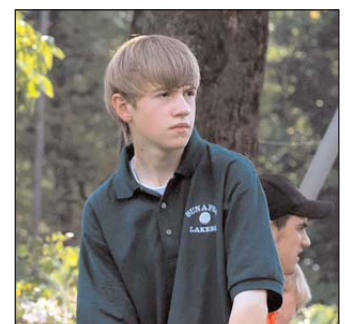
Oct. 20 Wilton-Lyndeboro, 5 p.m.

Oct. 22 @ Inter-Lakes, 6:30 p.m.

## Athletes of the Week



**Olivia Richardson**  
Volleyball



**Jeremy Walla**  
Golf

## Sunapee golf @ Claremont Country Club



The Sunapee golf team completed the best season in school history at 9-11. Left, coach Mike Kennedy readies for a meet in Claremont Sept. 24. Top, J.T. Warkentien reacts after just missing a long putt. The Lakers finished third at the meet with Newport and Stevens.

JEFF MILLER Photos



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**EXCEEDING FROM PAGE 1**

of scoring punch and depth.

"We've kind of exceeded our expectations a little bit," Nelson said. "We have a solid core of returners and the new kids have really stepped it up."

Dean Gioldassis is a returning senior with experience at midfield and up front, while the junior tandem of Robbie Titus and Shaun Carroll is experienced in the net. Junior Erik Skarin is a tough defender and junior Leo Kontoes has become the main scoring threat.

Nelson and Parsons are the anchors in the middle for the Lakers.

"I like playing center mid," Nelson said. "From there I can go anywhere. It makes me feel like I am control of the game."

Sunapee has blown out a couple of teams in the only home games on the slate and won three games on the road by a single goal. The most significant win was in overtime at Pittsfield.

"Our schedule hasn't been really tough yet," Parsons said. "We were tested at Pittsfield, but we played physical with them, pulled together and got the job done."

The one constant for the Lakers is long-time coach Jack Iacopino.

"He's a really good coach because he's all about the team," Nelson said. "Seeing him on a daily basis gives us that much more respect for him. He's a well-known teacher and a great person."

Iacopino is a science teacher at Sunapee and his players like that he gets to know them as students and people even more than he does as soccer players.

"I love playing for Ike," Parsons said. "He's a good coach, but he's a real people-person. He's very supportive of all



PAUL HOWE Photo

**Sunapee's Phil Parsons sets up a play during a game against Nute this season.**

the students at Sunapee."

The schedule will be much more difficult with two games each with Wilton-Lyndeborough and Derryfield as well as one more with Pittsfield and one with long-time rival Moultonborough.

"These games make soccer more interesting," Parsons said. "We go to someone's house the night before and have spaghetti. It bonds the team and I believe it makes us better."

Sunapee's long term goal is to make it to the championship, but Parsons doesn't want his teammates to look too far ahead.

"It's important to have a long-term goal, but you've got to look short term and focus on each game as it comes," Parsons said.

The Lakers will welcome Pittsfield to Sunapee for a Saturday afternoon game at 3 p.m.



**Please forward story ideas to  
sports@lakesunapeechampion.com**

# Sunapee Roundup



JEFF MILLER Photo

Jeremy Walla watches his drive at Claremont CC Sept. 24.

## GOLF

### Sunapee 234, Newport 237, Winnisquam 253

TILTON, N.H. - The Sunapee Lakers won the biggest match in school history beating perennial Class M-S power Newport and host Winnisquam at Lochmere Country Club Sept. 25.

The Lakers won with a 234 to sneak past the Tigers with a 237 and Bears with a 253.

"This was a huge win for the Sunapee program," Sunapee golf coach Mike Kennedy said.

Steve Curt was Sunapee's top golfer and the medalist with a 42.

Other Lakers to score were Cam Manson and Jeremy Walla each with 47s and Nate Wirta, Brett Simpson and Alex Elder each with 49s.

Sunapee closed out the best season in school history at 9-11.

### Newport 233, Stevens 239, Sunapee 241

CLAREMONT - Sunapee finished third in a battle of neighbors at the Claremont Country Club Sept. 24.

Newport won with a 233, followed by Stevens with a 239 and Sunapee with a 241.

"This was a difficult loss for us," Sunapee golf coach Mike Kennedy said. "We have made some nice gains this year and I think the kids who will be coming back are beginning to think that they can be a competitive team."

Brett Simpson led the Lakers with a 44, followed by Jeremy Walla with a 47, Cam Manson with a 48, Alex Elder with a 50 and Nate Wirta with a 52.

Stevens' Chad Davidson was medalist with a 40.

## VOLLEYBALL

### Sunapee 3, Newfound 0

BRISTOL, N.H. - The Sunapee Lakers got a fight, but swept the host Newfound Bears in Division III volleyball action in Bristol Sept. 26.

The Lakers improved to 8-1 by winning in straight sets 25-21, 25-11 and 25-6.

"We struggled a bit to start the first game and then got our feet under us to take the game," Sunapee volleyball co-coach

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**ROUNDUP FROM PAGE 5**

JEFF MILLER Photo

**Sunapee's Nate Wirta tees off at Claremont Sept. 24.**

Tom Reney said. "The girls just dug in and picked up their game. It was good to see that once we got on a roll we played well. It was great to see the girls communicating and taking control of the games."

The Bears jumped out quickly in game one taking a 14-8 lead, but the Lakers bounced back to win 25-21.

Chloe Fleming led the charge in game two serving seven

straight points early and Olivia Richardson four straight later in the game. Sunapee closed out the second game winning 25-11.

The Lakers won game three easily as the team played strong offense and defense off the serves of Allison Tenney (seven straight) and Kelsey Hockenbury (eight straight) to win 25-6.

**Sunapee 3, Pittsfield 0**

**SUNAPEE** - The Sunapee Lakers swept the Pittsfield Panthers in Division III volleyball action at the Sherburne Gym Sept. 24.

Sunapee won by scores of 25-17, 25-21 and 25-15.

"This was a good test for us tonight," Sunapee volleyball co-coach Tom Reney said. "We had to put people in different spots on short notice. Chloe Fleming hit very well tonight and Olivia Richardson had her best night serving."

Junior varsity setter Sara Bailey had to set for the varsity because Hannah Preston was ill.

"Sara did a great job," Reney said. "She sets for the junior varsity, but we run a different offense."

Alisha Famiglietti also came in to play opposite hitter and did a great job for the Lakers.

Pittsfield opened the night by serving the game's first six points, but Richardson rallied the Lakers with a 13 straight service points and Sunapee won game one 25-17.

Game two was a back and forth battle eventually won by the Lakers 25-21.

Sunapee built a big lead in game three and never looked back winning 25-15.

**JV VOLLEYBALL****Pittsfield 2, Sunapee 1**

**SUNAPEE** - The Sunapee Lakers played a solid match falling to the Pittsfield Panthers 2-1 at the Sherburne Gym Sept. 24.

Pittsfield won game one 25-22 after the Lakers had taken a late lead.

Asha Clark served eight straight points in game two to lead the Lakers to a 25-22 victory.

The Panthers bounced back in an even game three winning 15-11.



**To contact the  
Lake Sunapee Champion:  
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# Sunapee JV Schedules

## Boys JV Soccer

Coach: Chuck Weinstein

Sept. 3 @ Moultonboro, 4:30 p.m.

Sept. 11 @ Newport, 5:30 p.m.

Sept. 22 Rivendell, 4:30 p.m.

Sept. 25 Moultonboro, 4:30 p.m.

Oct. 3 @ Newport, 5:30 p.m.

Oct. 16 Hopkinton, 4:30 p.m.

## Girls JV Soccer

Coach: Tim LaTorra

Sept. 3 @ Moultonboro, 4:30 p.m.

Sept. 5 @ Rivendell, 4 p.m.

Sept. 10 Derryfield, 4 p.m.

Sept. 12 @ Pittsfield, 3:30 p.m.

Sept. 17 John Stark, 4:30 p.m.

Sept. 19 @ Fall Mountain, 4 p.m.

Sept. 22 Rivendell, 4:30 p.m.

Sept. 25 Moultonboro, 4:30 p.m.

Oct. 1 @ Stevens, 3:30 p.m.

Oct. 9 @ John Stark, 4:30 p.m.

Oct. 10 Fall Mountain, 4 p.m.

Oct. 14 @ Derryfield, 4 p.m.

Oct. 16 Hopkinton, 4:30 p.m.

Oct. 21 @ Stevens, 3:30 p.m.

## Girls JV Volleyball

Coaches: Tom & Faith Reney

Sept. 8 Prospect Mountain, 5 p.m.

Sept. 10 Franklin, 5 p.m.

Sept. 12 @ Belmont, 5 p.m.

Sept. 13 @ Mascoma, 5 p.m.

Sept. 15 Newfound, 5 p.m.

Sept. 19 Moultonborough, 5 p.m.

Sept. 22 @ Wilton-Lyndeboro, 5p.m.

Sept. 24 Pittsfield, 5 p.m.

Sept. 26 @ Newfound, 5 p.m.

Sept. 29 Laconia Christian, 7 p.m.

Oct. 1 @ Pittsfield, 5 p.m.

Oct. 3 Inter-Lakes, 5 p.m.

Oct. 6 @ Prospect Mountain, 5 p.m.

Oct. 8 @ Franklin, 5 p.m.

Oct. 10 Mascoma, 5 p.m.

Oct. 13 @ Laconia Christian, 6 p.m.

Oct. 15 Belmont, 5 p.m.

Oct. 17 @ Moultonborough, 5 p.m.

Oct. 22 @ Inter-Lakes, 5 p.m.

## Upcoming Week

Friday, Oct. 3

### Volleyball

Inter-Lakes @ Sunapee, 6:30 p.m.

### JV Volleyball

Inter-Lakes @ Sunapee, 5 p.m.

### JV Boys Soccer

Sunapee @ Newport, 5:30 p.m.

Saturday, Oct. 4

### Boys Soccer

Pittsfield @ Sunapee, 3 p.m.

### Girls Soccer

Pittsfield @ Sunapee, 1 p.m.

Monday, Oct. 6

### Boys Soccer

Sunapee @ Concord Christian, 4 p.m.

### Volleyball

Sunapee @ Prospect Mt., 6:30 p.m.

### JV Volleyball

Sunapee @ Prospect Mt., 5 p.m.

Wednesday, Oct. 8

### Boys Soccer

Calvary Christian @ Sunapee, 4 p.m.

### Girls Soccer

Sunapee @ Calvary Christian, 4 p.m.

### Volleyball

Sunapee @ Franklin, 6:30 p.m.

### JV Volleyball

Sunapee @ Franklin, 5 p.m.

Thursday, Oct. 9

### JV Girls Soccer

Sunapee @ John Stark, 4:30 p.m.

Friday, Oct. 10

### Boys Soccer

Sunapee @ Nashua Christian, 4 p.m.

### Girls Soccer

Sunapee @ Nashua Christian, 4 p.m.

### Volleyball

Mascoma @ Sunapee, 6:30 p.m.

### JV Girls Soccer

Fall Mountain @ Sunapee, 4 p.m.

### JV Volleyball

Mascoma @ Sunapee, 5 p.m.



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## Fall Tournament Dates

### CROSS COUNTRY

Oct. 25 Class Meets @ Derryfield Park (Manchester)  
 Nov. 1 Meet of Champions @ Nashua South  
 Nov. 8 New Englands @ Derryfield Park (Manchester)

### FIELD HOCKEY

#### Class M-S

Prelims: Oct. 22 @ home of higher seed, 3:30 p.m.  
 Quarters: Oct. 25 @ home of higher seed, 2 p.m.  
 Semifinals: Oct. 29 @ Bedford, 5 & 7 p.m.  
 Finals: Nov. 2 @ Bedford, noon

#### Class I

Prelims: Oct. 23 @ home of higher seed, 3:30 p.m.  
 Quarters: Oct. 26 @ home of higher seed, 3:30 p.m.  
 Semifinals: Oct. 30 @ Bedford, 5 & 7 p.m.  
 Finals: Nov. 2 @ Bedford, 2:30 p.m.

### FOOTBALL

#### Division V

Semifinals: Nov. 15 @ home of higher seed, 1 p.m.  
 Finals: Nov. 22 @ home of higher seed, 1 p.m.

#### Division VI

Semifinals: Nov. 15 @ home of higher seed, 1 p.m.  
 Finals: Nov. 22 @ home of higher seed, 1 p.m.

### BOYS SOCCER

#### Class S

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Robbie Mills Field in Laconia,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Robbie Mills Field in Laconia, 3 p.m.

#### Class M

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Merrimack Valley, 4 & 6 p.m.  
 Finals: Nov. 8 @ Merrimack Valley, 3 p.m.

#### Class I

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Stellos Stadium in Nashua,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Stellos Stadium in Nashua, 3 p.m.

### GIRLS SOCCER

#### Class S

Prelims: Oct. 29 @ home of higher seed, 3 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 2 p.m.  
 Semifinals: Nov. 5 @ Robbie Mills Field in Laconia,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Robbie Mills Field in Laconia, 1 p.m.

#### Class M

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Merrimack Valley, 4 & 6 p.m.  
 Finals: Nov. 8 @ Merrimack Valley, 1 p.m.

#### Class I

Prelims: Oct. 28 @ home of higher seed, 3 p.m.  
 Quarters: Oct. 31 @ home of higher seed, 3 p.m.  
 Semifinals: Nov. 4 @ Stellos Stadium in Nashua,  
 4 & 6 p.m.  
 Finals: Nov. 8 @ Stellos Stadium in Nashua, 1 p.m.

### SPIRIT

Nov. 9 State Meet @ Southern N.H. University in  
 Manchester, TBA

### VOLLEYBALL

#### Division III

Prelims: Oct. 30 @ home of higher seed, 6 p.m.  
 Quarters: Nov. 1 @ home of higher seed, 6 p.m.  
 Semifinals: Nov. 5 @ Plymouth State University, 6:30 & 8  
 p.m.  
 Finals: Nov. 7 @ Plymouth State University, 7 p.m.



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