

# The Laker

Volume 1, Issue 15

Wednesday, December 10, 2008

Page 1



Sunapee's Stephanie Larpenter takes the ball strong to the rack against Derryfield in the home opener Dec. 9. Larpenter led all scorers with 30 points to lead the Lakers to an easy 53-32 Class S victory.

MARTY MCAULIFF Photo

## Lakers dominate Cougars

*Sunapee girls open season with home win over Derryfield 53-32*

By **JEFF MILLER**

Lake Sunapee Champion Sports

**SUNAPEE** - Stephanie Larpenter was too much for the Derryfield Cougars to handle. The senior tossed in a game-high 30 points to lead the Lakers over the Cougars 53-32 in the season and home opener Dec. 9 at the Sherburne Gym.

"We just posted up Steph and got the ball to her inside," Sunapee girls basketball coach Hank Tenney said. "She was able to score a lot of points, but she also made some great passes kicking the ball back out to open teammates."

Sunapee struggled on offense early so the Lakers relied on their defense and Larpenter's offense to build a sizable cushion at the break. Sunapee keyed on stopping Derryfield's Camille Smith. Smith struggled all night long trying to solve the defensive pressure of Meg Cahill with help from Liza Bourdon. Smith only managed four points with three coming on a three-ball early in the first quarter.

"Meg Cahill did an excellent job on defense," Tenney said. "She denied the passing lanes and didn't let 35 (Smith) get the ball inside."

Sunapee only was 12-for-24 from the free throw line for the game. The Lakers really struggled from the stripe in the first quarter and only led 10-8. Larpenter nailed three of her five trifectas in the second eight minutes to key a 16-7 run to start the quarter. Sunapee led 31-20 at halftime.

Allison Tenney hit the first bucket of the third quarter and the Lakers were off to the races. Larpenter canned four free throws, a pair of three's and a two to help send Sunapee into the fourth quarter with a 47-25 lead.

**SEE LAKERS PAGE 4**

Discover the advantage of green banking

LAKE SUNAPEE BANK <sup>fsb</sup>

www.lakesunbank.com

advantage of leadership

# Sunapee Winter Schedules

## Boys Basketball

Coach: Tim LaTorra

Dec. 17 @ Pittsfield, 7 p.m.  
 Dec. 22 Hinsdale, 7 p.m.  
 Jan. 5 @ Concord Christian, 7 p.m.  
 Jan. 7 Moultonborough, 7 p.m.  
 Jan. 9 Newport, 7 p.m.  
 Jan. 12 Wilton-Lyndeborough, 7 p.m.  
 Jan. 14 Nashua Christian, 5:30 p.m.  
 Jan. 23 Pittsfield, 7 p.m.  
 Jan. 28 @ Concord Christian, 7 p.m.  
 Jan. 30 @ Newmarket, 7 p.m.  
 Feb. 4 @ Hinsdale, 7 p.m.  
 Feb. 6 Nute, 7 p.m.  
 Feb. 11 Calvary Christian, 7 p.m.  
 Feb. 13 Mount Zion, 7 p.m.  
 Feb. 18 @ Portsmouth Christ., 7 p.m.  
 Feb. 24 @ Derryfield, 6:30 p.m.

## Girls Basketball (1-0)

Coach: Hank Tenney

Dec. 9 Derryfield **W 53-32**  
 Dec. 11 Wilton-Lyndeborough, 7 p.m.  
 Dec. 12 @ Calvary Christian, 7 p.m.  
 Dec. 17 Pittsfield, 7 p.m.  
 Dec. 22 @ Hinsdale, 7 p.m.  
 Jan. 7 @ Moultonborough, 7 p.m.  
 Jan. 9 @ Newport, 7 p.m.  
 Jan. 12 @ Wilton-Lyndeboro, 7 p.m.  
 Jan. 23 @ Pittsfield, 7 p.m.  
 Jan. 29 Newmarket, 7 p.m.  
 Feb. 4 Hinsdale, 7 p.m.  
 Feb. 6 @ Nute, 6:30 p.m.  
 Feb. 11 Calvary Christian, 5:30 p.m.  
 Feb. 13 @ Mount Zion, 7 p.m.  
 Feb. 18 Portsmouth Christian, 7 p.m.  
 Feb. 20 Nute, 7 p.m.

## Alpine Skiing

Dec. 19 @ Wildcat, 10 a.m.  
 Jan. 9 @ Pat's Peak, 3:30 p.m.

Jan. 16 @ Proctor, 9:30 a.m.  
 Jan. 30 vs. Profile @ Loon, 10 a.m.  
 Feb. 6 @ Mt. Sunapee, 9:30 a.m.

## Cross-Country Skiing

Dec. 16 @ Waterville Valley, 2:30 p.m.  
 Jan. 6 vs. Hopkinton 2:30 p.m.  
 Jan. 13 @ Hopkinton, 3 p.m.  
 Jan. 20 @ Gilford, 3 p.m.  
 Jan. 27 @ Gilford, 3 p.m.  
 Feb. 3 Kearsarge (Eastman), 3 p.m.  
 Feb. 10 State Meet (Great Glen)

## Boys JV Basketball

Dec. 17 @ Pittsfield, 5:30 p.m.  
 Dec. 22 Hinsdale, 5:30 p.m.  
 Jan. 5 @ Concord Christian, 5:30 p.m.  
 Jan. 7 Moultonborough, 5:30 p.m.  
 Jan. 9 Newport, 5:30 p.m.  
 Jan. 12 Wilton-Lyndeboro, 5:30 p.m.  
 Jan. 23 Pittsfield, 5:30 p.m.  
 Jan. 28 @ Concord Christ., 5:30 p.m.  
 Jan. 30 @ Newmarket, 5:30 p.m.  
 Feb. 4 @ Hinsdale, 5:30 p.m.  
 Feb. 6 Nute, 5:30 p.m.  
 Feb. 13 Mount Zion, 5:30 p.m.  
 Feb. 18 @ Portsmouth Chr., 5:30 p.m.  
 Feb. 24 @ Derryfield, 5 p.m.

## Girls JV Basketball (1-0)

Dec. 9 Derryfield **W 30-29**  
 Dec. 11 Wilton-Lyndeboro, 5:30 p.m.  
 Dec. 12 @ Calvary Christ., 5:30 p.m.  
 Dec. 17 Pittsfield, 5:30 p.m.  
 Dec. 22 @ Hinsdale, 5:30 p.m.  
 Jan. 7 @ Moultonborough, 5:30 p.m.  
 Jan. 9 @ Newport, 5:30 p.m.  
 Jan. 12 @ Wilton-Lynde., 5:30 p.m.  
 Jan. 23 @ Pittsfield, 5:30 p.m.  
 Jan. 29 Newmarket, 5:30 p.m.

Feb. 4 Hinsdale, 5:30 p.m.  
 Feb. 6 @ Nute, 5 p.m.  
 Feb. 13 @ Mount Zion, 5:30 p.m.  
 Feb. 18 Portsmouth Christ., 5:30 p.m.  
 Feb. 20 Nute, 5:30 p.m.

## Boys Middle School Basketball

Dec. 9 Hopkinton, 5:15 p.m.  
 Dec. 15 @ Andover, 5:15 p.m.  
 Dec. 18 @ Indian River, 5:15 p.m.  
 Jan. 5 @ Claremont, 5:15 p.m.  
 Jan. 7 Andover, 5:15 p.m.  
 Jan. 10 @ Hopkinton, noon  
 Jan. 12 Hanover Recreation, 5:15 p.m.  
 Jan. 15 @ Kearsarge, 4 p.m.  
 Jan. 20 Kearsarge, 4 p.m.  
 Jan. 22 Indian River, 5:15 p.m.  
 Jan. 26 Claremont, 5:15 p.m.  
 Jan. 30 @ Newport, 5:15 p.m.  
 Feb. 3 @ Hanover Rec, 5:15 p.m.  
 Feb. 4 @ Plainfield, 5:15 p.m.  
 Feb. 13 Newport, 5:15 p.m.

## Girls Middle School Basketball

Dec. 9 Hopkinton, 4 p.m.  
 Dec. 15 @ Andover, 4 p.m.  
 Dec. 18 @ Indian River, 4 p.m.  
 Jan. 5 @ Claremont, 4 p.m.  
 Jan. 7 Andover, 4 p.m.  
 Jan. 10 @ Hopkinton, 10:30 a.m.  
 Jan. 12 Hanover Recreation, 4 p.m.  
 Jan. 15 @ Kearsarge, 5:15 p.m.  
 Jan. 20 Kearsarge, 5:15 p.m.  
 Jan. 22 Indian River, 4 p.m.  
 Jan. 26 Claremont, 4 p.m.  
 Jan. 30 @ Newport, 4 p.m.  
 Feb. 3 @ Hanover Recreation, 4 p.m.  
 Feb. 4 @ Plainfield, 4 p.m.  
 Feb. 13 Newport, 4 p.m.



**Meg Cahill**  
Girls Basketball

## Athletes of the Week



**Stephanie Larpenter**  
Girls Basketball

## Coaches vs. Cancer Preseason Jamboree



The Sunapee boys basketball team held a preseason jamboree to raise money for cancer research Dec. 6. Left, Coach Tim LaTorra talks to his team. Bottom left, Leo Kontoes goes up for a lay-up. Bottom right, Dean Gioldassis takes a jumper against the Stevens Cardinals.

MARTY MCAULIFF Photos



### Family Outfitters

Clothing • Footwear • Outerwear  
Newport • Claremont • New London • Woodsville  
Lebanon • Peterborough • [www.hubertstores.com](http://www.hubertstores.com)

**LAKERS FROM PAGE 1**

“Fortunately Stephanie was able to score in the first half because we didn’t do much on the boards,” Coach Tenney said. “We made adjustments and didn’t let them get as many rebounds in the second half. We played much better.”

Larpenr’s night was over after three quarters and Coach Tenney was able to play his bench liberally.

Larpenr led the Lakers with her 30 points, while Allison Tenney added eight. Tayla Satkwich led the Cougars with 10 points.

“All in all it was a pretty good night,” Tenney said. “When you can beat a quality team like Derryfield by 20 points. That’s a good night.”

Coach Tenney was pleased with the play of his bench who gave him a chance to rest the starters in the final quarter.

“We just need to keep working hard,” Tenney said. “If we can stay out of foul trouble and remain injury free, we’ll be all right.”

Sunapee will be back in action Thursday night when the Lakers welcome the Wilton-Lyndeborough Warriors to the Sherburne Gym.

“Wilton will be tough,” Tenney said. “They return most of their team from last year and get back one of their better players who was hurt last season.”

The Lakers came from behind to win the junior varsity contest 30-29. Mariah Tenney drained a pair of free throws with 10 seconds left to tie the game and Rylee Weinstein hit the game-winner from the charity stripe in the final seconds.



MARTY MCAULIFF Photo

**Sunapee junior Olivia Richardson looks to pass during an open teammate during first quarter action against the Derryfield Cougars. Sunapee won 53-32.**

**Sunapee (53)** - Maggie Hurd 1 0 2; Stephanie Larpenr 8 9 30; Allie Fazio 1 1 3; Liza Bourdon 1 2 4; Olivia Richardson 2 0 4; Allison Tenney 4 0 8; Molly Puchtler 1 0 2. Totals - 18 12 53. Three-pointers - Larpenr (5).

**Derryfield (32)** - Andrea Green 1 3 5; Bethany Kalliel 1 1 3; Tayla Satkwich 4 2 10; Jamie

Ducharme 1 0 3; Brittany Porter 2 0 4; Camille Smith 1 1 4; Zoe Sobin 1 1 3. Totals - 11 8 32. Three-pointers - Ducharme, Smith.

**Sunapee 10 21 16 06 - 53**

**Derryfield 08 12 05 07 - 32**

Officials: Denis Reisch, Gary Bean.

JV Game: Sunapee 30-29.



**Please forward story ideas to  
sports@lakesunapeechampion.com  
or call 558-0819.**

# Giving back to your town

## Sunapee boys hoop organize Coaches vs. Cancer Preseason Jamboree

By JEFF MILLER

Lake Sunapee Champion Sports

**SUNAPEE** - Taking pride in your community and giving a little back are qualities second-year Sunapee boys basketball coach Tim LaTorra is trying to instill in his Lakers.

The Lakers welcomed seven other teams to the Sherburne Gym and Sunapee Middle High School Gym for the first-ever Sunapee High School Coaches vs. Cancer Boys Basketball Jamboree Dec. 6.

"It has gone really well today," LaTorra said. "I've gotten a lot of positive feedback from other coaches and players."

LaTorra hoped to raise more than \$1,000 for The V Foundation for Cancer Research.

"I wanted to do a little more than just have a jamboree," LaTorra said. "The kids get to interact positively with players from other schools and give a little back."

The Sunapee players have gotten the message from their coach.

"Coach LaTorra expects us to have a good image in the community," senior captain Eric Nelson said. "We participate in a reading program where we go and read to the kids at the elementary school and now we're hosting this jamboree for cancer. He makes sure we do our part giving back to our community."

***"Coach LaTorra expects us to have a good image in the community. We participate in a reading program where we go and read to the kids at the elementary school and now we're hosting this jamboree for cancer. He makes sure we do our part giving back to our community."***

**Eric Nelson - Sunapee senior captain**

The Lakers qualified for the Class S tourney in LaTorra's first season and Nelson and a determined squad of Sunapee players want to do even better this season.

"I'm very excited about this year's team," Nelson said. "We expect to do well and we believe in ourselves, but we can't get too far ahead. We have to play one game at a time and not look too far down the road."

Nelson, who wants to study sports management or sports marketing and play soccer in college, is trying not to think too much about his final year at Sunapee.

"I'm trying not to really think about it and just enjoy the season," Nelson said. "I don't like the thought of this being the end."

LaTorra shares this year's excitement about Sunapee's prospects for a solid Class S season.

"I'm ecstatic about this group," LaTorra said. "They take it upon themselves to play hard every day in practice. I don't have to tell them to do that this

year."

LaTorra is not one to make any predictions, but he likes his team's chances against every team the Lakers play this season.

"I love my guys," LaTorra said. "There isn't another group of kids I'd like to take into a game than them. They really battle."

The jamboree was an opportunity for the Lakers to face three Class M teams in games with two 20-minute running time halves. Sunapee played Hillsboro-Deering, Stevens and Mascenic.

"I scheduled all Class S against Class M games," LaTorra said. "That way teams did not have to play against teams they will face in the regular season."

The teams that Sunapee did not play were Class M Fall Mountain and Class S schools Wilton-Lyndeborough, Derryfield and Newmarket.

The Lakers open the season at Pittsfield Dec. 17 and then welcome Hinsdale to the Sherburne Gym for the home opener Dec. 22.

**MJ HARRINGTON**  
Jewelers & Designers  
since 1948 & Co.

Newport 863-1662  
Claremont 542-4443



# Sunapee 53, Derryfield 32 - Home opener



Sunapee's Meg Cahill takes a shot in the paint against Derryfield Dec. 9. The Lakers won the game. Below, Sunapee coach Hank Tenney gives his team instructions during a timeout in the action.

MARTY MCAULIFF Photos



## Protect your home & family

with **First Alert**® fire extinguishers, smoke & fire detectors.

[www.clarkeshardware.com](http://www.clarkeshardware.com) • New London • 526-2800



# Winter Tournament Dates

## BOYS BASKETBALL

### Class I

Prelims: March 3 @ home of higher seed, 7 p.m.  
 Quarters: March 6 @ home of higher seed, 7 p.m.  
 Semifinals: March 11 @ UNH, 6 & 7:30 p.m.  
 Finals: March 14 @ UNH, 2:30 p.m.

### Class M

Prelims: March 11 @ home of higher seed, 7 p.m.  
 Quarters: March 14 @ home of higher seed, 7 p.m.  
 Semifinals: March 18 @ Southern NH, 6 & 7:30 p.m.  
 Finals: March 20 @ Southern NH, 7 p.m.

### Class S

Prelims: March 3 @ home of higher seed, 7 p.m.  
 Quarters: March 6 @ home of higher seed, 7 p.m.  
 Semifinals: March 10 @ Plymouth State, 5:30 & 7 p.m.  
 Finals: March 13 @ Plymouth State, 7 p.m.

## GIRLS BASKETBALL

### Class I

Prelims: Feb. 18 @ home of higher seed, 7 p.m.  
 Quarters: Feb. 21 @ home of higher seed, 7 p.m.  
 Semifinals: Feb. 25 @ Southern NH, 6 & 7:30 p.m.  
 Finals: Feb. 28 @ Southern NH, 7 p.m.

### Class M

Prelims: Feb. 25 @ home of higher seed, 7 p.m.

Quarters: Feb. 28 @ home of higher seed, 7 p.m.

Semifinals: March 3 @ Plymouth State, 7 & 8:30 p.m.

Finals: March 7 @ Plymouth State, 1 p.m.

### Class S

Prelims: Feb. 24 @ home of higher seed, 7 p.m.

Quarters: Feb. 27 @ home of higher seed, 7 p.m.

Semifinals: March 4 @ Plymouth State, 7 & 8:30 p.m.

Finals: March 7 @ Plymouth State, 4 p.m.

## INDOOR TRACK

### Class I-M-S

Finals: Feb. 8 @ Dartmouth College, 10:30 a.m.

## SPIRIT

### Class I

Finals: March 14 @ Southern NH, TBA

Class M, S, Co-Ed

Finals: March 14 @ Southern NH, TBA

## SWIMMING

Finals: Feb. 13 @ UNH, 5:30 p.m.

Finals: Feb. 14 @ UNH, 8:20 a.m.

## WRESTLING

### Division II

Finals: Feb. 21 @ Bedford High School, 8:15 a.m.



Family Owned & Operated For 45 Years

[www.lavalleys.com](http://www.lavalleys.com)

Newport 863-1050   Claremont 543-0123   W. Lebanon 298-5641   N. Walpole 445-5544

# NHIAA Tournament Pairings

## Class S Boys Soccer

### **Preliminary Round, Oct. 28**

No. 1 Lisbon 5, No. 16 Hinsdale 0  
 No. 8 Groveton 3, No. 9 Pittsfield 1  
 No. 4 Colebrook 4, No. 13 Woodsville 0  
 No. 5 Moultonboro 2, No. 12 Lin-Wood 1  
 No. 2 Derryfield 5, No. 15 Portsmouth Christ. 0  
 No. 7 Newmarket 1, No. 10 Mt. Zion 0  
 No. 14 Gorham 4, No. 3 Wilton-Lynde. 3  
 No. 11 Profile 3, **No. 6 Sunapee 1**

### **Quarterfinals, Oct. 31, 3 p.m.**

No. 1 Lisbon 6, No. 8 Groveton 0  
 No. 4 Colebrook 2, No. 5 Moultonboro 0  
 No. 2 Derryfield 3, No. 7 Newmarket 1  
 No. 14 Gorham 2, No. 11 Profile 1

### **Semifinals, Nov. 4 @ Mills Field, Laconia**

No. 1 Lisbon 1, No. 4 Colebrook 0  
 No. 2 Derryfield 2, No. 14 Gorham 1

### **Finals, Nov. 8, Laconia, 3 p.m.**

No. 1 Lisbon 2, No. 2 Derryfield 1

## Class S Girls Soccer

### **Preliminary Round, Oct. 29**

No. 1 Wilton-Lynde. 3, No. 16 Lin-Wood 0  
 No. 8 Colebrook 7, No. 9 Newmarket 0  
 No. 4 Littleton 5, No. 13 Portsmouth Chr. 0  
 No. 12 Gorham 1, **No. 5 Sunapee 0**  
 No. 2 Woodsville 4, No. 15 Hinsdale 1  
 No. 7 Groveton 6, No. 10 Moultonboro 0  
 No. 3 Derryfield 6, No. 14 Nashua Chr. 0  
 No. 6 Pittsfield 1, No. 11 Lisbon 0

### **Quarterfinals, Nov. 1, 2 p.m.**

No. 1 Wilton-Lynde. 3, No. 8 Colebrook 0  
 No. 4 Littleton 4, No. 12 Gorham 1  
 No. 2 Woodsville 2, No. 7 Groveton 1  
 No. 3 Derryfield 4, No. 6 Pittsfield 0

### **Semifinals, Nov. 5, Laconia**

No. 1 Wilton-Lynde. 3, No. 4 Littleton 2  
 No. 3 Derryfield 2, No. 2 Woodsville 0

### **Finals, Nov. 8, Laconia, 1 p.m.**

No. 3 Derryfield 2, No. 1 Wilton-Lynde. 1

## Division III Volleyball

### **Preliminary Round, Oct. 30, 6 p.m.**

No. 1 Nute 3, No. 16 Franklin 0  
 No. 9 Campbell 3, No. 8 Prospect Mtn. 0  
 No. 4 Moultonboro 3, No. 13 Epping 0  
**No. 5 Sunapee 3**, No. 12 Mascoma 0  
 No. 2 Inter-Lakes 3, No. 15 Hillsboro-Deer. 0  
 No. 7 Mascenic 3, No. 10 Belmont 1  
 No. 3 Farmington 3, No. 14 Newfound 0  
 No. 6 Portsmouth Chr. 3, No. 11 Raymond 2

### **Quarterfinals, Nov. 1, 6 p.m.**

No. 1 Nute 3, No. 9 Campbell 0  
 No. 4 Moultonboro 3, No. 5 Sunapee 2  
 No. 2 Inter-Lakes 3, No. 7 Mascenic 1  
 No. 3 Farmington 3, No. 2 Portsmouth Chr. 2

### **Semifinals, Nov. 5, Plymouth State**

No. 1 Nute 3, No. 4 Moultonboro 1  
 No. 3 Farmington 3, No. 2 Inter-Lakes 0

### **Finals, Nov. 7 @ Plymouth State**

No. 1 Nute 3, No. 3 Farmington 0



  
**THE INSURANCE CENTER, INC.**  
 MICHAUD · SAMMON · BATES · CURT  
 107 Broad Street                      30 South Main Street  
 Claremont, NH 03743                  Newport, NH 03773  
 603.542.2551                              603.542.2551  
[www.insurancecenterinc.com](http://www.insurancecenterinc.com)

