

The Laker

Volume 1, Issue 17

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Page 1



Dave Barry used to love coaching with Sunapee's huge homefield advantage. He felt the Sherburne Gym was a huge plus for his volleyball teams and the Route 11 baseball field with its too short rightfield porch was another factor in the Lakers being successful on the diamond.

JEFF MILLER Photo

Suffocating defense

Sunapee blows out Hinsdale 83-16 to win home opener

By **JEFF MILLER**

Lake Sunapee Champion Sports

SUNAPEE - Sunapee's defense was simply suffocating.

The Lakers barely let Hinsdale get the ball over halfcourt in the first half and racing out to a big lead in a win over the Pacers 83-16 Dec. 22 at the Sherburne Gym.

"The guys came out and made a statement," Sunapee boys basketball coach Tim LaTorra said. "They didn't like losing the game the other night."

Sunapee dropped its season opener at

Pittsfield in overtime after leading the Panthers by nine heading into the final quarter.

"It was a tough game to lose," LaTorra said. "One of the boys said they thought once we built a lead, it would always be there. It was a good learning experience for them to know that they can't ever let up. They have to keep playing right until the end of the game."

The Lakers did just that against the Pacers as they led 19-2 after one quarter and 49-4 at halftime.

The teams traded baskets to open the game and then Sunapee closed on a 17-0

run to close the opening frame. Alex Elder had a huge opening period scoring 12 of his game-high 24 points in the first eight minutes.

"We got the ball into our big guys all night long," LaTorra said. "They finished really well."

The Lakers had a huge second quarter scoring 30 points keyed by a couple of Eric Nelson three's and three straight steals and lay-ups by Leo Kontoes. Despite all the points, Coach LaTorra was more pleased with his team's defense.

SEE DEFENSE PAGE 5

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Sunapee Winter Schedules

Boys Basketball (1-1)

Coach: Tim LaTorra

Dec. 17 @ Pittsfield L 69-65
 Dec. 22 Hinsdale **W 83-16**
 Jan. 5 @ Concord Christian, 7 p.m.
 Jan. 7 Moultonborough, 7 p.m.
 Jan. 9 Newport, 7 p.m.
 Jan. 12 Wilton-Lyndeborough, 7 p.m.
 Jan. 14 Nashua Christian, 5:30 p.m.
 Jan. 23 Pittsfield, 7 p.m.
 Jan. 28 @ Concord Christian, 7 p.m.
 Jan. 30 @ Newmarket, 7 p.m.
 Feb. 4 @ Hinsdale, 7 p.m.
 Feb. 6 Nute, 7 p.m.
 Feb. 11 Calvary Christian, 7 p.m.
 Feb. 13 Mount Zion, 7 p.m.
 Feb. 18 @ Portsmouth Christ., 7 p.m.
 Feb. 24 @ Derryfield, 6:30 p.m.

Girls Basketball (3-0)

Coach: Hank Tenney

Dec. 9 Derryfield **W 53-32**
 Dec. 12 @ Calvary Christian, ppd.
 Dec. 17 Pittsfield **W 64-32**
 Dec. 22 @ Hinsdale **W 67-37**
 Jan. 7 @ Moultonborough, 7 p.m.
 Jan. 9 @ Newport, 7 p.m.
 Jan. 12 @ Wilton-Lyndeboro, 7 p.m.
 Jan. 21 Wilton-Lyndeborough, 7 p.m.
 Jan. 23 @ Pittsfield, 7 p.m.
 Jan. 29 Newmarket, 7 p.m.
 Feb. 4 Hinsdale, 7 p.m.
 Feb. 6 @ Nute, 6:30 p.m.
 Feb. 11 Calvary Christian, 5:30 p.m.
 Feb. 13 @ Mount Zion, 7 p.m.
 Feb. 18 Portsmouth Christian, 7 p.m.
 Feb. 20 Nute, 7 p.m.

Alpine Skiing

Dec. 19 @ Wildcat, 10 a.m.
 Jan. 9 @ Pat's Peak, 3:30 p.m.

Jan. 16 @ Proctor, 9:30 a.m.
 Jan. 30 vs. Profile @ Loon, 10 a.m.
 Feb. 6 @ Mt. Sunapee, 9:30 a.m.

Cross-Country Skiing

Dec. 16 @ Waterville Valley, 2:30 p.m.
 Jan. 6 vs. Hopkinton 2:30 p.m.
 Jan. 13 @ Hopkinton, 3 p.m.
 Jan. 20 @ Gilford, 3 p.m.
 Jan. 27 @ Gilford, 3 p.m.
 Feb. 3 Kearsarge (Eastman), 3 p.m.
 Feb. 10 State Meet (Great Glen)

Boys JV Basketball

Dec. 17 @ Pittsfield, 5:30 p.m.
 Dec. 22 Hinsdale, 5:30 p.m.
 Jan. 5 @ Concord Christian, 5:30 p.m.
 Jan. 7 Moultonborough, 5:30 p.m.
 Jan. 9 Newport, 5:30 p.m.
 Jan. 12 Wilton-Lyndeboro, 5:30 p.m.
 Jan. 23 Pittsfield, 5:30 p.m.
 Jan. 28 @ Concord Christ., 5:30 p.m.
 Jan. 30 @ Newmarket, 5:30 p.m.
 Feb. 4 @ Hinsdale, 5:30 p.m.
 Feb. 6 Nute, 5:30 p.m.
 Feb. 13 Mount Zion, 5:30 p.m.
 Feb. 18 @ Portsmouth Chr., 5:30 p.m.
 Feb. 24 @ Derryfield, 5 p.m.

Girls JV Basketball (1-0)

Dec. 9 Derryfield **W 30-29**
 Dec. 12 @ Calvary Christ., 5:30 p.m.
 Dec. 17 Pittsfield, 5:30 p.m.
 Dec. 22 @ Hinsdale, 5:30 p.m.
 Jan. 7 @ Moultonborough, 5:30 p.m.
 Jan. 9 @ Newport, 5:30 p.m.
 Jan. 12 @ Wilton-Lynde., 5:30 p.m.
 Jan. 21 Wilton-Lyndeboro, 5:30 p.m.
 Jan. 23 @ Pittsfield, 5:30 p.m.
 Jan. 29 Newmarket, 5:30 p.m.

Feb. 4 Hinsdale, 5:30 p.m.
 Feb. 6 @ Nute, 5 p.m.
 Feb. 13 @ Mount Zion, 5:30 p.m.
 Feb. 18 Portsmouth Christ., 5:30 p.m.
 Feb. 20 Nute, 5:30 p.m.

Boys Middle School Basketball

Dec. 9 Hopkinton, 5:15 p.m.
 Dec. 15 @ Andover, 5:15 p.m.
 Dec. 18 @ Indian River, 5:15 p.m.
 Jan. 5 @ Claremont, 5:15 p.m.
 Jan. 7 Andover, 5:15 p.m.
 Jan. 10 @ Hopkinton, noon
 Jan. 12 Hanover Recreation, 5:15 p.m.
 Jan. 15 @ Kearsarge, 4 p.m.
 Jan. 20 Kearsarge, 4 p.m.
 Jan. 22 Indian River, 5:15 p.m.
 Jan. 26 Claremont, 5:15 p.m.
 Jan. 30 @ Newport, 5:15 p.m.
 Feb. 3 @ Hanover Rec, 5:15 p.m.
 Feb. 4 @ Plainfield, 5:15 p.m.
 Feb. 13 Newport, 5:15 p.m.

Girls Middle School Basketball

Dec. 9 Hopkinton, 4 p.m.
 Dec. 15 @ Andover, 4 p.m.
 Dec. 18 @ Indian River, 4 p.m.
 Jan. 5 @ Claremont, 4 p.m.
 Jan. 7 Andover, 4 p.m.
 Jan. 10 @ Hopkinton, 10:30 a.m.
 Jan. 12 Hanover Recreation, 4 p.m.
 Jan. 15 @ Kearsarge, 5:15 p.m.
 Jan. 20 Kearsarge, 5:15 p.m.
 Jan. 22 Indian River, 4 p.m.
 Jan. 26 Claremont, 4 p.m.
 Jan. 30 @ Newport, 4 p.m.
 Feb. 3 @ Hanover Recreation, 4 p.m.
 Feb. 4 @ Plainfield, 4 p.m.
 Feb. 13 Newport, 4 p.m.

Athletes of the Week



Allison Tenney
Girls Basketball



Molly Puchtler
Girls Basketball

Sunapee 83, Hinsdale 16



The Sunapee boys hoop team beat Hinsdale 83-16 Dec. 22. Left, Thilo Herbert goes up for a shot. Bottom left, Dean Gioldassis takes it in for two. Bottom right, Shaun Carroll plays tough defense.

JEFF MILLER Photos



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Sunapee Roundup

BOYS BASKETBALL

Sunapee 37, Inter-Lakes 28

CONTOOCOOK, N.H. - The Sunapee Lakers won the consolation game of Hopkinton's Hawk Holiday Classic over Class M Inter-Lakes (Meredith) 37-28 Dec. 28.

Leo Kontoes paced the Lakers with 11 points, while Alex Elder added 10 points and eight rebounds.

Eric Nelson and Shaun Carroll were standouts on defense for coach Tim LaTorra's Sunapee squad.

Sunapee (37) - Nelson 1 0 3; Kontoes 4 2 11; Herbert 4 0 8; Curt 0 1 1; Elder 3 4 10; Lohmann 2 0 4. Totals - 14 7 37.

Three-pointers - Nelson, Kontoes.

Inter-Lakes (28) - Thaitt 1 0 3; Connell 2 0 4; Otis 1 0 3; Reese 1 0 2; Houston 2 0 4; Summers 3 0 8; Steese 2 0 4. Totals - 12 0 28.

Three-pointers - Summers (2), Thaitt, Otis

Franklin 62, Sunapee 53

CONTOOCOOK, N.H. - Sunapee fell to Franklin 62-53 in the opening game of the Hawk Holiday Classic Dec. 27 at Hopkinton High School.

The Lakers played well in the first quarter, but fell behind in the second quarter and trailed 29-19 at the break.

Dean Gioldassis led the Lakers with 16 points, while Eric Nelson added 13.

Chris Dumant led the Golden Tornados with a game-high 17.

Franklin (62) - Dumant 7 3 17; Granson 3 0 6; Gosselin 2 2 6; Caplan 2 0 4; Sylvester 6 2 14; Muniz 5 2 15. Totals - 25 9 62.

Three-pointers - Muniz (3).

Sunapee (53) - Lohmann 0 1 1; Nelson 5 0 13; Kontoes 2 2 6; Gioldassis 4 7 16; Herbert 3 1 8; Elder 3 3 9. Totals - 17 14 53.

Three-pointers - Nelson (3), Gioldassis, Herbert.

Franklin 14 15 18 15 - 62
Sunapee 14 05 18 16 - 53

Pittsfield 68, Sunapee 65

PITTSFIELD, N.H. - Dean Gioldassis' 33 points weren't enough for the Sunapee Lakers as they fell in the season opener at Pittsfield 68-65 in overtime Dec. 18.

The Lakers led 47-38 heading into the final quarter, but the Panthers tied it up in regulation and won it in the extra session.

Steve Curt and Alex Elder each added eight points for the Lakers.

GIRLS BASKETBALL

Sunapee 36, Hopkinton 27

CONTOOCOOK, N.H. - Stephanie Larpenter collected her second straight most valuable player award at Hopkinton's Hawk Holiday Classic by lead the Lakers to their third straight tourney title over the host Hawks 36-27 Dec. 28.

Larpenter scored a game-high 18 points to lead Sunapee to

the win. She was joined on the all-tourney squad by teammates Allison Tenney and Molly Puchtler.

In the championship tilt, Meg Cahill was solid with nine points and 10 rebounds.

Sunapee (36) - Larpenter 7 2 18; Cahill 4 1 9; Bourdon 1 0 2; Tenney 1 2 4; Puchtler 1 0 3. Totals - 14 5 36.

Three-pointers - Larpenter (2), Puchtler.

Hopkinton (27) - Crews 2 1 5; Foti 2 0 4; Baron 1 0 2; Richards 4 1 9; Smith 2 3 7. Totals - 11 5 27.

Sunapee 09 05 09 13 - 36
Hopkinton 06 05 06 10 - 27

Sunapee 63, Franklin 42

CONTOOCOOK, N.H. - Allison Tenney scored a game-high 16 points and Stephanie Larpenter added 15 points, six rebounds and eight assists to lead Sunapee over Class M Franklin 63-42 in the opening round of the Hawk Holiday Classic Dec. 27 at Hopkinton High School.

Sunapee cruised to the win with leads of 11-3 after one quarter, 29-14 at halftime and 50-26 after three quarters.

Molly Puchtler also had a big night with 13 points, nine rebounds and six steals, while Meg Cahill added eight points and Liza Bourdon five points, six rebounds and six assists.

Sunapee (63) - Larpenter 6 2 15; Cahill 4 0 8; Fazio 1 0 2; Bourdon 2 0 5; Richardson 2 0 4; Tenney 6 1 16; Puchtler 6 0 13. Totals - 27 3 63.

Three-pointers - Tenney (3), Larpenter, Bourdon, Puchtler.

Franklin (42) - Jameson 1 3 5; Washman 2 2 6; Sidman 3 0 7; Kelly 1 0 2; Nelson 5 1 14; Hawkins 3 2 8. Totals - 15 8.

Three-pointers - Nelson (3), Sidman.

Sunapee 11 18 21 13 - 63
Franklin 03 11 12 16 - 42

Sunapee 64, Pittsfield 32

SUNAPEE - The Sunapee Lakers doubled up the Pittsfield Panthers 64-32 at the Sherburne Gym Dec. 18.

Stephanie Larpenter paced the undefeated Lakers with a game-high 23 points. Liza Bourdon also big night with 15 points.

The Lakers led 17-12 after one quarter, 34-14 at the break and 43-27 after three quarters.

Sunapee (64) - Cahill 2 0 4; Hurd 1 0 2; Larpenter 8 5 23; Fazio 3 0 6; Bourdon 6 3 15; Richardson 3 1 7; Tenney 1 0 2; Puchtler 2 1 5. Totals 26 10 64.

Three-pointers - Larpenter (2).

Pittsfield (32) - Paradise 1 0 2; Corliss 2 1 5; Metcalf 3 0 6; Valdez 5 1 11; Vogt 3 0 6; Shey 1 0 2. Totals - 15 2 32.

Sunapee 17 17 09 21 - 64
Pittsfield 12 02 13 05 - 32



Please forward story ideas to
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or call 558-0819.



JEFF MILLER Photo

Sunapee's Alex Elder, left, and Troy Fowler, right, go after a loose ball in the Lakers' blowout win over Hinsdale 83-16.

DEFENSE FROM PAGE 1

"Four points at halftime is incredible," LaTorra said. "The boys really played great defense."

LaTorra's Lakers played a full-court defense until the coach called it off midway through the second quarter. It didn't matter much as Sunapee kept on scoring in its set offense and in transition off of missed Hinsdale shots. The Lakers completely controlled the glass getting just about every loose ball.

"Rebounding and defense is more about will and not about skill," LaTorra said. "You don't have to be a good basketball player to be a good defender and rebounder."

LaTorra substituted liberally throughout the game and the rout continued in the third and fourth quarters. The Lakers led 65-14 after three quarters.

Elder led all scorers with 24 points despite playing only a couple of minutes in the second half. Nelson added 15 points

including a trio of three-pointers. Shaun Carroll added 11 and Kontoes 10.

Hinsdale's top two scorers were Kevin Hudon and Cody Rogers with four points each.

Sunapee (83) - Nelson 6 0 15; Kontoes 5 0 10; Parsons 1 0 2; Fowler 2 0 4; Gioldassis 1 1 3; Carroll 5 0 11; Herbert 1 2 4; Curt 1 2 4; Elder 10 4 24; Lohmann 1 0 2; Brewster 2 0 4. Totals 35 9 83.
Three-pointers - Nelson (3), Carroll.

Hinsdale (16) - Morgan 1 0 2; Atherton 1 0 2; Hudon 2 0 4; Kennedy 0 2 2; Simeon 1 0 2; Rogers 1 2 4. Totals 6 4 16.

Sunapee	19 30 16 18 - 83
Hinsdale	02 02 10 02 - 16



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Winter Tournament Dates

BOYS BASKETBALL

Class I

Prelims: March 3 @ home of higher seed, 7 p.m.
Quarters: March 6 @ home of higher seed, 7 p.m.
Semifinals: March 11 @ UNH, 6 & 7:30 p.m.
Finals: March 14 @ UNH, 2:30 p.m.

Class M

Prelims: March 11 @ home of higher seed, 7 p.m.
Quarters: March 14 @ home of higher seed, 7 p.m.
Semifinals: March 18 @ Southern NH, 6 & 7:30 p.m.
Finals: March 20 @ Southern NH, 7 p.m.

Class S

Prelims: March 3 @ home of higher seed, 7 p.m.
Quarters: March 6 @ home of higher seed, 7 p.m.
Semifinals: March 10 @ Plymouth State, 5:30 & 7 p.m.
Finals: March 13 @ Plymouth State, 7 p.m.

GIRLS BASKETBALL

Class I

Prelims: Feb. 18 @ home of higher seed, 7 p.m.

Quarters: Feb. 21 @ home of higher seed, 7 p.m.
Semifinals: Feb. 25 @ Southern NH, 6 & 7:30 p.m.
Finals: Feb. 28 @ Southern NH, 7 p.m.

Class M

Prelims: Feb. 25 @ home of higher seed, 7 p.m.
Quarters: Feb. 28 @ home of higher seed, 7 p.m.
Semifinals: March 3 @ Plymouth State, 7 & 8:30 p.m.
Finals: March 7 @ Plymouth State, 1 p.m.

Class S

Prelims: Feb. 24 @ home of higher seed, 7 p.m.
Quarters: Feb. 27 @ home of higher seed, 7 p.m.
Semifinals: March 4 @ Plymouth State, 7 & 8:30 p.m.
Finals: March 7 @ Plymouth State, 4 p.m.

SPIRIT

Class I

Finals: March 14 @ Southern NH, TBA
Class M, S, Co-Ed
Finals: March 14 @ Southern NH, TBA



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